| ID Number |
| :--- | :--- |
| 1.How is this questionnaire administered? <br> 1= By interviewer <br> 2=By self <br> $3=$ Refused |

Here are some questions (Q2-Q22) about your feelings during the past week. For each of the following statements, please respond as to whether you felt that way: Rarely or Not At All, Some of the time, Often, or Most of the time.

| 1 | 2 | 3 | 4 | 9 |
| :---: | :---: | :---: | :---: | :---: |
| Rarely or | Some | Often | Most of the Time | Not |
| Not At All | (1-2 days) | (3-4 days) | (5-7 days) | Applicable |
| ( $<1$ day) |  |  |  |  |

During the past week...
2. I was bothered by things that don't usually bother me.
3. I did not feel like eating; my appetite was poor. $\square$ CES 3
4. I felt that I could not shake the blues even with help from my family or friends. $\square$ CES 4
5. I felt that I was just as good as other people.
6. I had trouble keeping my mind on what I was doing.
7. I felt depressed.
8. I felt that everything I did was an effort.
9. I felt hopeful about the future.
10. I thought my life had been a failure.
11. I felt fearful.
12. My sleep was restless.
13. I was happy.
14. I talked less than usual.
15. Ifelt lonely.

For each of the following statements, please respond as to whether you felt that way: Rarely or Not At All, Some of the time, Often, or Most of the time.

|  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | 2 | 4 | 9 |  |
| Rarely or | Some | Often | Most of | Not |
| Not At All | (1-2 days) | $(3-4$ days $)$ | the Time | Applicable |
| $(<1$ day $)$ |  |  | $(5-7$ days $)$ |  |

16. People were unfriendly.
17. I enjoyed life.
18. I had crying spells.
19. I felt sad.
20. I felt that people disliked me.
21. I felt like I couldn't do what I needed to do.

For Question 22, please use the following scale

| 1 | 2 | 3 | 4 | 9 |
| :---: | :---: | :---: | :---: | :---: |
| Rarely or | Some | Often | Most of | Not |
| Not At All |  |  | the Time | Applicable |

22. I have felt depressed or sad in this past year.
23. Interviewer's code
24. Date completed (mo/day/yr)


## APPENDIX 1 (b)

## THE STRONG HEART STUDY II

Clinical Examination -- Checklist

16. Abdominal, hip and arm circumferenc
17. Sitting blood pressure
18. Doppler blood pressure
19. Examination of lungs and vessels
20. Neuropathy tests
21. Echocardiogram
22. Gallbladder - ultrasound
23. Pulmonary function test
24. Dietary survey
25. Psychosocial questionnaire
26. Quality of life questionnaire
27. Payment or payment form

CDATE16
CDATE17
CDATE18
CDATE19
CDATE20
CDATE21
CDATE22
CDATE23
CDATE24
CDATE25
CDATE26
CDATE27

## COOK MEDLEY

ID Number
IDNO

1. How is this questionnaire administered?

COOKI
$1=\mathrm{By}$ interviewer
2=By self
$3=$ Refused
These next questions (Q2-Q9)are about how you think about other people. Although we cannot really know what other people would think or do unless they tell us, we would like to know your opinion as to whether you think each of the following statements is "True" or "False".

$$
\begin{array}{cc}
0 & 1 \\
\text { False } & \text { True }
\end{array}
$$

2. No one cares much about what happens to me.
3. It is safer to trust nobody.
4. Most people would lie to get ahead.
5. Most people inwardly dislike putting themselves out to help other people.
6. Most people will use unfair means to gain an advantage rather than lose it.
7. Most people are honest mainly through fear of being caught.
8. I often wonder what hidden reason another person may have for doing something nice for me.
9. Most people make friends because friends are likely to be useful to them.
10. Interviewer's code
11. Date completed (mo/day/yr)


# THE STRONG HEART STUDY II <br> CULTURAL FACTORS QUESTIONNAIRE 

ID Number
Social Security Number

1. How is this questionnaire administered?

1=By interviewer
2=By self
$3=$ Refused
The next several questions are about your own native lifestyle.
2. How much do you identify yourself with your own native culture?
$1=$ Not At All
$2=A$ Little
$3=$ Some
4 =A Lot
3. How much do you identify yourself with non-Indian culture?
$1=$ Not At All
$2=$ A Little
3 =Some
4 =A Lot
4. How comfortable do you feel in your own native culture?
$1=$ Not At All
2 =A Little
3 =Some
4 =A Lot
5. How comfortable do you feel in the non-Indian culture?
$1=$ Not At All
$2=A$ Little
3 =Some
4 =A Lot
6. Interviewer's code
7. Date completed ( $\mathrm{mo} / \mathrm{day} / \mathrm{yr}$ )


## THE STRONG HEART STUDY II

Diabetic Foot Screen

4. Label: Sensory level with a " + " if the participant can feel the 10 gram filament and "-" if he/she cannot feel the 10 g filament. Test each site only once. Testing may not be accurate in areas where thick callous or bunion is present.

1=Positive $\quad 2=$ Negative


| a. Right top | F00T4a |
| :---: | :---: |
| b. Right large toe | F00T4b |
| c. Right middle toe | F00T4c |
| d. Right small toe | F00T4d |
| e. Right sole front | F00T4e |
| f. Right sole right | F00T4f |
| g. Right sole left | F00T4g |
| h. Right sole back right | FOOT4h |
| i. Right sole back left | F00T4i |
| j. Right heel | F00T4 j |

5. If the right foot has been amputated, conduct the exam on the left foot and make a note here: $\qquad$ (approx date of amputation).
6. RESULTS:


THE STRONG HEART STUDY II
The George Washington University Medical Center
Gallbladder Ultrasonography - Radiologist's Form

Strong Heart Study ID Number


Last Name
Date of Examination (mo/day/yr)


1. Date of reading (mo/day/yr)

2. $1=$ First reading $2=$ Adjudication

3. Radiologist ID number:

1=Dr. Hill
2=Others


Initial: $\qquad$
Initial
4. Videocassette Number
5. Tape sequence Number


## Findings of gallbladder

6. Adequacy of examination?

1=Adequate $\quad 2=$ Belo
7. Can gallbladder be observed?
3=Inadequate

$1=$ Yes $\quad 2=$ No (Skip to Question 16)
8. Were gallstones found?
$1=Y e s$

$\square$
$2=\mathrm{No}$ (Gallbladder visible, no echo clumps)
$3=$ No conclusion (gallbladder clumps that shadow on only one view)
9. If "YES," how many gallstones were there?

1=Single $\quad 2=$ Multiple
10. Percentage of gallbladder filled with gallstones
$1=$ No gallstones
$4=>50 \%$, but not filled
$2=<25 \%$
$5=$ Filled
$3=25-50 \%$
11. Was gallbladder wall calcified? (Dense shadowing from gallbladder wall, exclusive of gallstones) $1=$ Yes $\quad 2=$ No
12. Were cholesterol polyps found? $\square$
(Echogenic clumps attached to gallbladder wall without shadowing that do not move) $1=$ Yes $2=\mathrm{No}$
13. Was gallbladder sludge observed?
(Echogenic clumps without shadowing that move)

$$
1=\text { Yes } \quad 2=\mathrm{No}
$$

14. Other gallbladder abnormality

| a. Gallbladder wall thickened $(>3 \mathrm{~mm})$ $1=\mathrm{Yes}$ $2=\mathrm{No}$ <br> b. Contracted gallbladder $1=\mathrm{Yes}$ $2=\mathrm{No}$ <br> c. Compatible with chronic cholecystitis. $1=\mathrm{Yes}$  | $2=\mathrm{No}$ |
| :--- | :--- | :--- | :--- |
| However, underlying gallbladder cancer can not be excluded. |  |

d. True polyp
15. Certainty of gallbladder diagnoses:
1=Certain
2=Uncertain
$1=\mathrm{Yes}$
$2=\mathrm{No}$
16. Comments?
$1=$ Yes
$2=\mathrm{No}$

> If "Yes," Comments:
$\qquad$

Confirmed By: $\qquad$

## THE STRONG HEART STUDY II

## GTT CHECKLIST

Center: $\qquad$

1. Fasting One Touch glucose result. If not done, draw two lines across the boxes. $\square$ GTT2-1
2. Is blood sample taken?
$1=$ yes, and participant has been fasting,
2 =yes, but participant has NOT been fasting,
$3=$ no, participant is on renal dialysis,
$4=$ no, participant has had a kidney transplant,
$5=$ no, participant has not been fasting,
$6=$ participant refused,
$7=$ other, specify:
If blood sample is NOT taken because of dialysis/transplantation or refusal, are tubes of blood for DNA and RBC typing taken?
$1=y e s$
$2=n o$
3. When was the last time you ate
$-\operatorname{GTT}_{2-3}$
AM PM
4. Time of collection of fasting samples

GTT2-4
5. Time the 75 gram glucose beverage was consumed

GTT2-5
6. Time of collection of urine sample

GTT2-6
7. Time of 2-hr blood sample

GTT2-7
8. The participant did not have GTT because of: Check the appropriate answer(s)
a. diabetes, on insulin treatment
b. diabetes, on oral agent
c. One Touch $>225 \mathrm{mg} / \mathrm{dl}$
d. refusal to have GTT done
9. Has the participant vomited after the glucose beverage was given?
(1=yes $\quad 2=n o$ )
If yes, when? (Indicate the time) $\qquad$
Comments : $\qquad$

## THE STRONG HEART STUDY II

## ISEL

ID Number
IDNO

1. How is this questionnaire administered?

1=By interviewer
2=By self
3=Refused
This scale is an assessment of social support, and is made up of a list of statements, which may or may not be true about you. For each statement (Q2-Q21), answer as to whether it is 'Never True', 'Rarely True', 'Somewhat True', or 'Definitely True' for you.

| 0 | 1 | 2 | 3 |
| :---: | :---: | :---: | :---: |
| Never True | Rarely True | Somewhat True | Definitely True |

2. If I needed a quick emergency loan of $\$ 30$, there is someone I could get it from.
3. There is at least one person I know, whose advice I really trust.
4. If I needed help around the house (that is, with cleaning or making small repairs), I would have a hard time finding someone to help me without pay.
5. If I wanted to go play bingo, go to a potluck or pow wow, or some other activity, I could easily find someone to go with me.
6. I have a positive attitude about myself.
7. When I need suggestions for how to deal with a personal worry or problem I know there is someone I can talk to.
8. There are several people that I regularly enjoy spending leisure time with.
9. There is really no one I can talk to about money problems.
10. 
11. I have the confidence to do the things I want to do in my life.
12. If I needed help in doing some errands, I could find someone to help me.
13. I am a person of at least equal worth as other people.
14. I know someone that I can talk with about my most private thoughts and feelings.
15. If I needed a ride early in the morning, I would have a hard time finding anyone

For each statement, answer as to whether it is 'Never True', 'Rarely True', 'Somewhat True', or 'Definitely True' for you.

| 0 | 1 | 2 | 3 |
| :---: | :---: | :---: | :---: |
| Never True | Rarely True | Somewhat True | Definitely True |

15. I often meet or talk with friends or members of my family.
16. I am basically a good person.
17. I often get invited to do things with others.

ISEL15
18. I feel satisfied with the help I get in doing tasks around the house, taking care of errands, and getting rides.
19. I feel satisfied with the amount of support I get with personal concerns.

ISELI 9
20. I feel satisfied with how often I talk to, or get together with family and friends.
21. I feel satisfied with how I feel about myself.
22. Interviewer's code
23. Date completed (mo/day/yr)


## APPENDIX 4 <br> THE STRONG HEART STUDY II <br> MEDICAL HISTORY FORM

ID Number:
Social Security Number:


## A. MEDICATIONS - Prescription and Over-the-Counter

1. Medication Reception: As you know, the Strong Heart Study will be describing all medications its participants are using, both prescription and over-the-counter. These include pills, dermal patches, eye drops, creams, salves, and injections, as well as vitamins, cold or allergy remedies, aspirin, and Tylenol. We have asked you to bring all your current medications. Have you brought them with you? Are these all the medications that you took in the last two weeks?
$1=$ Yes (May I see them?)
2=Took no medicines (Go to Question 3)
3=No (Make arrangements to obtain or review Medical Record)
$9=$ Refused, give reasons:
(Go to Question 3)
2. Prescription Medications:

2a. Copy the name of the medicine, the strength in milligrams (mg) and the total number of doses prescribed per day (week or month). (Include pills, dermal, patches, eye drops, creams, salves, and injections.)

## Medication Name

Print the first 20 letters only - please print clearly

Strength(mg)
write the decimal NDC Code Class Code as one of the digits (For SHS Coordinating Center Use Only)


11

12
13
14

Number unable to transcribe: $\qquad$
3. Over-the-Counter Medications:

3a. Do you take any over-the-counter medications?

|  | ] |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | MEM1-22 |  |  | medt -23 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\square$ | $\pm$ | , |  |  | - | - |  | 1 | $\square$ | $\square$ | $\square$ | - | $\square$ | $\square$ | , | MED1-24\| |  |  |  |  |
|  | $\square \square$ | D | I | - | 11 | - | D |  | П1 | -11 | $\square \square$ | $\square$ | - 1 | D |  | , | ME中1-26\| |  |  |  |  |
|  | -1 | D1 | 1 | $\square$ | 11 | -1 | $\square 1$ | - | [1] | 11 | $\square \square$ | $\square$ | - 1 | $\square$ |  | I | ME中1-28 |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | MEP1-30\| |  |  |  |  |

3b. Copy the name of the medicine, the strength in milligrams $(\mathrm{mg})$ and the total number of doses prescribed per day (week or month). (Include pills, dermal, patches, eye drops, creams, salves, and injections.)

Medication Name
Print the first 20 letters only - please print clearly

Strength(mg)
write the decimal NDC Code Class Code as one of the digits (For SHS Coordinating Center Use Only)
$\square$
$\square$


Ment 135



 MEDI-4

$\square$

$\square$




 | MEDI-43 |
| :---: | :---: | :---: |

Number unable to transcribe: $\qquad$
Comments: $\qquad$

## THE STRONG HEART STUDY II

## MEDICAL HISTORY FORM



## B. MEDICAL CONDITIONS:

"Now I'd like to ask you some questions about medical problems. Has a medical person EVER told you that you had any of the following conditions? "
4. High blood pressure?

1 =yes $\quad 2=$ no $\quad 9=$ unknown
If "YES," how old were you when you were first told by a medical person
 that you had high blood pressure? Indicate the actual age. Don't know=99
5. Arthritis?
$2=n o$
9=unknown
6. Cancer, including leukemia and lymphoma?
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown
If "YES," specify type of cancer: $\qquad$
7. Diabetes?

1=yes $\quad 2=$ no $\quad 3=$ borderline $\quad 9=$ unknown
If "YES" or "BORDERLINE," do you still have it now?
1=yes $\quad 2=$ no $\quad 3=$ borderline $9=$ unknown


MED 2-7
How old were you when you were first told by a medical person that you had diabetes? Indicate the actual age. Don't know=99

What type of treatment are you taking for your diabetes? $(1=y e s, \quad 2=n o)$
a. insulin

$\square$
MED2-8
b. oral hypoglycemic agent

MED2-9
c. by dietary controlMED2-1
d. by exercise

MED 2-1
e. do nothing

MED 2-1
8. Kidney failure?

$$
1=\text { yes } \quad 2=\text { no } \quad 9=\text { unknown }
$$

If yes, do you still have it now ?
$1=y e s$
$2=n o$
$9=$ unknown

How old were you when you were first told by a medical person that you $\square$ MED2-15 had kidney failure? Indicate the actual age. Don't know=99
9. Renal dialysis?
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown
10. Kidney transplant?
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown
11. Cirrhosis of the liver?
$1=y e s$
$2=n o$
9=unknown
12. LUNG PROBLEMS
a. Emphysema? 1=yes 2=no 9=unknown
b. Hay fever? $\quad 1=$ yes $2=$ no $\quad 9=$ unknown
c. Chronic bronchitis? $1=$ yes $2=$ no $\quad 9=$ unknown
d. Asthma? $\quad 1=$ yes $2=$ no $9=$ unknown

If "YES" for asthma, do you still have it now? 1=yes 2=no 9=unknown
13. Have you had a heart catheterization?

1 =yes $\quad 2=$ no
A heart catheterization is a study in which a tube is inserted into the heart through the groin or arm to see how the heart works.

If "YES," which type of catheterization have you had and when?
a. Angioplasty? ( $1=$ yes $2=n o$ )


MED2-2
If "YES," when and where?
(record the most recent)

hospital/clinic:
b. Other, $\quad(1=y e s ~ 2=n o)$

Specify: $\qquad$
If "YES," when and where ?
(record the most recent)

hospital/clinic:
14. Have you ever had an exercise test or Treadmill test to check your heart?

MED 2-27
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown
If "YES," when and where?
(record the most recent)

hospital/clinic: $\qquad$
15. Have you had an electrocardiogram (ECG) taken since the last SHS examination?
 MED2-28
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown
If "YES," when and where?
(record the most recent)

hospital/clinic: $\qquad$
SINCE your last SHS exam, that is $\qquad$ (mo) $\qquad$ (yr), has a doctor told you that you had any of the following conditions?
16. Heart failure ?
$1=$ yes
$2=$ no
9=unknown
If "YES," when and where ? (If more than one episode since Exam I, enter information
for THE FIRST ONE in the Exam I-Exam II interval)

hospital/clinic: $\qquad$
If "YES," do you still have heart failure now ?
MED2-31
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown
17. Heart attack? $\quad 1=y e s \quad 2=$ no $\quad 9=$ unknown
If "YES," when and where ? (If more than one episode since Exam I, enter information
for THE FIRST ONE in the Exam I - Exam II interval)
for THE FIRST ONE in the Exam I-Exam II interval)

hospital/clinic: $\qquad$
18. Any other heart trouble ?

9=unknown
If "YES," specify type: $\qquad$
If "YES," when and where ? (If more than one episode since Exam I, enter information for THE FIRST ONE in the Exam I-Exam II interval)

hospital/clinic: $\qquad$
19. Stroke ?

9=unknown
$1=y e s$
$2=n o$
If "YES," when and where ? (If more than one episode since Exam I, enter information for THE FIRST ONE in the Exam I - Exam II interval)

hospital/clinic:
20. Enter information for multiple events.

Reason: $\quad$ 1=Heart attack/heart surgery $\quad$ 2=Heart failure
3=Other heart trouble 4= Stroke

| Hospital/Clinic | Town/State | Date (mo/day/yr) | Reason |
| :---: | :---: | :---: | :---: |
| i. |  | $1 /$ | MED2-34 |
| ii. |  | $l$ | MED2-35 |
| iii. |  | $l$ | MED2-36 |
| iv. |  | $1 /$ | MED2-37 |
| v. |  | $1 /$ | MED2-38 |

## RESPIRATORY QUESTIONS

21. a. Do you usually have a cough?
$1=$ Yes $\quad 2=$ No (Skip to Question 23)
MED 2-39
b. Do you usually cough as much as 4 to 6 times a day, 4 or more days out of the week?
$1=$ Yes $\quad 2=$ No
c. Do you usually cough at all on getting up, or first thing in the morning? $\square$ MED2-41
$1=$ Yes $\quad 2=$ No
d. Do you usually cough like this on most days for 3 consecutive months or more during the year? $1=$ Yes $\quad 2=$ No
e. How long have you had this cough?
years: $\square$ months: $\square$ MED2-44
22. Do you usually bring up phlegm from your chest when you cough? MED2-43 $1=$ Yes $\quad 2=$ No
23. Does your chest ever sound wheezy or whistling:
a. when you have a cold?
( $1=\mathrm{Yes} \quad 2=\mathrm{No}$ )
b. occasionally apart from colds? (1=Yes $\quad 2=\mathrm{No}$ )
c. most days? $(1=y e s \quad 2=\mathrm{No})$
d. most nights? (1=Yes $2=\mathrm{No}$ )

MED2-49
24. Have you ever had an attack of wheezing that has made you feel short of breath?

MED 2-50
$1=\mathrm{Yes} \quad 2=\mathrm{No}$
25. Are you troubled by shortness of breath when hurrying on the level or walking up

MED2-51 a slight hill? $1=$ Yes $\quad 2=$ No (Go to Question 30) $\quad 3=$ unable to walk (Go to Question 30)
26. Do you have to walk slower than people of your age on the level because of breathlessness?
$1=$ Yes $\quad 2=$ No
27. Do you ever have to stop for breath when walking at your own pace on the level?

$1=$ Yes $\quad 2=$ No
28. Do you ever have to stop for breath after walking about 100 yards (the length of a football field) or after a few minutes on the level? $1=$ Yes $\quad 2=\mathrm{No}$
29. Are you too breathless to leave the house or breathless on dressing or undressing? $1=$ Yes $\quad 2=\mathrm{No}$
30. Did you have any lung trouble before the age of 16 ?
$1=$ Yes $\quad 2=$ No
31. Have you ever been told you snore?
$1=$ Yes $\quad 2=$ No
IF THE PARTICIPANT IS MALE, GO TO ROSE QUESTIONNAIRE
IF THE PARTICIPANT IS FEMALE, GO TO NEXT PAGE AND CHECK HERE MC

## REPRODUCTION AND HORMONE USE (WOMEN ONLY)

ID number:
"The following questions are related to your childbearing organs".

1. Did you breast feed your last child for at least one month ?
1 = yes

$$
2=n o
$$

3 = never had a living baby
2. Have you ever been told that your blood sugar was high during any of the pregnancies?
1 = yes
$2=n o$
$3=$ never been pregnant
3. Have your menstrual cycles stopped permanently?
$1=$ yes $\quad 2=$ no (go to Question 6)
4. How old were you when your periods stopped completely? Indicate the age in years. $\square$ REP 2-4
5. Was your menopause natural or did you have surgery? $1=$ Natural $\quad 2=$ surgery

If surgery, was only your uterus removed? (1=yes $2=$ no $\quad 9=$ unknown $)$
$\square$ REP $2-5$
eserary
$\square$
6. Have you ever used birth control pills? $\square$ REP2-7
$1=$ yes
$2=n o$
"ESTROGEN is a female hormone that may be taken after a hysterectomy or menopause."
7. Except for birth control pills, have you ever taken estrogen (either pills, as a patch or
 by shot) for any reason? (Often called premarin: maybe either purplish brown or yellow football shaped pills once a day)

$$
1=\text { yes } \quad 2=\text { no }(\text { go to next section })
$$

a. If "YES," are you still taking estrogen? (1=yes $2=n o$ )
$\square$ REP 2-9
b. Why do(did)you use estrogen? (1=yes $2=$ no $9=$ unknown $)$
i. post surgery (hysterectomy and removal of ovaries)

REP 2-10
ii. relief of menopause symptoms


REP 2-11
iii. prevent bone lossREP 2-12
iv. protect against heart disease


REP 2-13
v. doctor's advice

REP 2-14
8. How old were you when you started using estrogen? Indicate the age in years.


REP2-16
9. How many years altogether did you take estrogen? Specify the duration in years.


REP2-17

## ROSE QUESTIONNAIRE FOR ANGINA AND INTERMITTENT CLAUDICATION

ID number: $\square$

## Section A: Chest Pain on Effort

1. Have you ever had any pain or discomfort in your chest?
$1=$ yes
$2=$ no (go to Section C)
2. Do you get it when you walk uphill, upstairs or hurry?
$1=$ Yes $\quad 2=$ No (go to Section B)
$3=$ Never hurries or walks uphill or upstairs
3. Do you get it when you walk at an ordinary pace on the level?


ROSE2-2

5. If you stand still, what happens to it ? $1=$ Relieved $\quad 2=$ Not relieved (go to Section B.)
6. How soon?

ROSE2-5

$1=10$ minutes or less
$2=$ More than 10 minutes (go to Section B.)
7. Will you show me where it was? (Record all areas mentioned. Use the diagram below to show the location if participant cannot tell exactly.)


Sternum (upper or middle)
Sternum (lower)
Left anterior chest
Left arm


Other:
8. Do you feel it anywhere else ?
$1=$ Yes $\quad 2=\mathrm{No}$
If "YES," record additional information :

## Section B: Possible Infarction

9. Have you ever had a severe pain across the front of your chest lasting for half an hour or more?
$1=\mathrm{Yes}$
$2=\mathrm{No}$

## Section C: Intermittent Claudication

10. Do you get pain in either leg on walking ?
$1=\mathrm{Yes}$
$2=$ No (Go to Question 19)
11. Does this pain ever begin when you are standing still or sitting ? $1=$ Yes (Go to Question 19) $2=$ No
12. In what part of your leg did you feel it ?

1 = Pain includes calf/calves
2 = Pain does not include calf/calves (Go to Question 19)
If calves not mentioned, ask: Anywhere else and specify:
13. Do you get it if you walk uphill or hurry ?

1 = Yes $2=$ No (Go to Question 19)
$3=$ Never hurries or walks uphill
$\qquad$
14. Do you get it if you walk at an ordinary pace on the level ?
$1=$ Yes $\quad 2=$ No
15. Does the pain ever disappear while you are walking ?
$1=$ Yes (Go to Question 19) $2=$ No
16. What do you do if you get it when you are walking ?

1 = Stop or slow down $2=$ Carry on (Go to Question 19)
17. What happens to it if you stand still ?
$1=$ Relieved
$2=$ Not Relieved (go to Question 19)
17. What happens to it if you stand still ?
$1=$ Relieved
$2=$ Not Relieved (go to Question 19)
18. How soon?
$1=10$ minutes or less $\quad 2=$ More than 10 minutes
*** END OF ROSE QUESTIONNAIRE ***
19. Code number of person completing this form
20. Date of data collection


## THE STRONG HEART STUDY II <br> CARDIOVASCULAR DISEASE IN AMERICAN INDIANS

Morbidity Survey
Medical Records Abstract
Medical charts (IHS and/or other community hospitals) of all Phase I patients reporting a heart attack, stroke, or other vascular event will be reviewed. These events include ICD-9 codes: 402, 410 to $414,427,428,430-438,518.4$.

ID number:


IDNO
Social Security Number:

Were either of the following events diagnosed since January 1, 1989?

1. Possible Myocardial Infarction (events with codes 402,410 to $414,427,428,518.4$ )? $\square$ MRA1 $1=y e s$, fill out the NEWMI form for each event $2=$ no.
2. Possible Stroke (events with codes 430-438)?
$1=y e s$, fill out the NEWSTROKE form for each event $2=$ no.

IF THE ANSWERS OF 1 AND 2 ARE BOTH "NO". STOP HERE
Abstractor code


CODE
Date abstract completed


DOC

## THE STRONG HEART STUDY II CARDIOVASCULAR DISEASE IN AMERICAN INDIANS <br> PERSONAL INTERVIEW FORM I

ID number:

## $\square$ IDNO

Community name: $\qquad$ Community Code: $\square$ CC

Social Security Number:

\section*{|  |  |  | $\square$ |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |}

A. DEMOGRAPHIC INFORMATION:

1. What is your full name (Last, middle, first) and date of birth?

Last:


INT12-1

Middle:

int12-2

First:


Date of birth (mo/day/yr)


BIRTHDAY
2. To which IHS and non-IHS Hospital/Clinic do you usually go? List the one they go to most often first. Give names and codes.


4. Did he/she also participate in the Strong Heart Study examination? 1=yes, 2=no

Did any of your relatives also participate in the Strong Heart Study examination?
$1=$ yes $\quad 2=$ no $\quad 9=$ unknown. If yes, please tell us his/her name:

| Relatives | Name (first, last) | yes/no |
| :--- | :--- | :--- |
| Parents |  | $\square$ INT12-13 |
| Brother |  | $\square$ INT12-14 |
| Sister |  | $\square$ INT12-15 |
| Children |  | $\square$ INT12-16 |
| Other blood relative |  |  |
| InT12-29 |  |  |

6. What is your current mailing address?
a. Street/PO Box


INT12-17
b. City/town
 INT12-18
c. County
 INT12-19
d. State and zip code

INT12-20 INT12-21
7. What is your residential address? (If different from mailing address)
a. Street Number
b. City/town
c. State and zip code
8. What is your home or evening telephone number and area code?
(Draw line through boxes if no phone)

9. What is your work or daytime telephone number and area code?(Draw line through boxes if no phone or if it is the same as above)

10. Where do you want your Strong Heart Study results sent?

1 =your current mailing address $(Q O) \quad 2=$ Other, specify: $\qquad$
The address to which the SHS results should be sent: $\qquad$

| Street | Apt.\# |  |
| :---: | :---: | :---: |
| City | State - Zip Code |  |
|  |  |  |
| Heart Study II 10/20/93 | 2 |  |
| INTERVIEWI |  |  |

# THE STRONG HEART STUDY - PHASE II CARDIOVASCULAR DISEASE IN AMERICAN INDIANS <br> PERSONAL INTERVIEW FORM II 



## B. TOBACCO:

12. Do you smoke tobacco for ceremonial purposes ?
$\square$ INT22-3
1 = yes
2 = no
9 = unknown
13. Do you smoke cigarettes now?
$1=$ yes $\quad 2=$ no (Skip to Question 20)
14. On the average, how many cigarettes do you usually smoke a day? $\square$ INT22--5
Indicate the number of cigarettes smoked daily
$00=$ Less than one cigarette per day
$99=$ Unknown
15. Would you like to quit smoking cigarettes? $\square$
$1=$ yes $\quad 2=$ no
1= yes 2= no (Skip to Question 20)
16. Has a doctor or health professional ever advised you to quit smoking cigarettes?
$1=$ yes $\quad 2=$ no
17. Have you participated in one or more quit smoking programs in the past 12 months? $1=$ yes $\quad 2=$ no

## CURRENT CIGARETTES SMOKERS SKIP TO WEIGHT CONTROL QUESTIONS

20. How many years ago did you quit smoking?
$00=$ never smoked 100 cigarettes during lifetime.
21. Did you quit smoking in the last 5 years?

$$
1=\text { yes, } \quad 2=\text { no }(\text { skip to SECTION C) }
$$

If quit in last 5 years ask:
a. Before you quit, how many times did you attempt to quit and


INT22-1: were able to stay off cigarettes for a week or more?
b. What was the main reason you quit? (choose one only)

INT22-1t
$1=$ Doctor's advice $2=$ Health concerns
$3=$ Expenses $\quad 4=$ Per family pressure
$5=$ Other, specify: $\qquad$
c. When you finally quit smoking, did you quit with outside help or on your own?
$1=$ with outside help, how:
$2=0$ n my own
C. WEIGHT CONTROL: The next few questions are about efforts to lose weight.
22. Are you now trying to lose weight :
$1=$ yes
2 = no (Go to Section D)
$8=$ unknown/unsure
$9=$ refused
23. Are you eating fewer calories to lose weight?
1 = yes
$2=n o$
$8=$ unknown/unsure
$9=$ refused

$\square$INT22-19
24. Have you increased your physical activity to lose weight?

$\square$INT22-2C
1 = yes
2 = no
$8=$ unknown/unsure
$9=$ refused
25. Has a doctor or health professional ever advised you to lose weight ? $\square$ INT22-2
D. ALCOHOL:
"The next few questions are about the use of wine, beer, or liquor, including all kinds of alcoholic beverages".

## READ THE FOLLOWING TO THE PARTICIPANT:

"We are asking these questions about alcohol, because we think alcohol consumption may be related to heart disease. We want to assure you that this information is strictly confidential and that we are not trying to judge your drinking habits and do not intend to report them to anyone."
26. How long ago did you last drink any kind of alcoholic beverage?

Indicate number of days, months, or years since their last drink.
Number of days $\qquad$

(if they drank today, fill in zero in days)
OR
Number of months $\qquad$
$\square$ INT22-22 (if they drank this month, fill in zero in months) OR
Number of years $\qquad$
$\square$ INT22-23
(if they drank this year, fill in zero in years)
If NEVER DRANK ALCOHOL, fill in 88 . If one or more years, skip to Question 32.
27. How many drinks of alcoholic beverages do you have in a typical week?


NT22-24
Enter 1 for occasional drinkers.
1 qt . of beer $=2.5$ drinks
1 pt. of beer $=1.5$ drinks
1 pt . of wine $=4$ drinks
1 qt . of wine $=8$ drinks
0.5 gal . of wine $=16$ drinks

1 pt . of hard liquor $=12$ drinks
One-fifth of hard liquor $=19$ drinks
1 case of beer ( 12 oz. cans $)=24$ drinks
6 pack of beer $(12 \mathrm{oz}$. cans $)=6$ drinks
Add up the total number of drinks in a typical week and fill them in the box in Question 28.
Round up to nearest whole number if fraction is greater than or equal to 0.5.
28. On how many days in a typical month do you have at least one drink?


INT22-2 Indicate number of days per month.
29. On the days when you drank any liquor, beer or wine, about how many drinks do you $\square$ INT22-2 have on the average? Indicate number of drinks per day.
30. How many times during the past month did you have 5 or more drinks on an occasion? $\square$ INT22-2 Indicate times per month.. Enter zero if subject has quit drinking more than one month ago.
31. How many times during the past year did you have 5 or more drinks on an year ago.

## E. PERCEIVED STRESS

In the past month, how often have you (Questions 32-38):
( $1=$ Not at all $2=$ Rarely $3=$ Sometimes $\quad 4=$ Often $\quad 5=$ Most of the time)
32. been upset because of something that happened unexpectedly?

$\square$
INT $22-31$
33. felt nervous or "stressed"?
34. dealt well with irritating life hassles?
35. felt that things were going your way?
36. felt unable to control irritations in your life?
37. felt that you were on the top of things?
38. felt difficulties or problems were piling up so high that you could not handle them?

## F. PHYSICAL ACTIVITY

39. Since the last SHS exam have you ever spent any time confined to a bed or chair for $\square$
$1=$ yes $\quad 2=$ no (Go to Question 41)
40. If "Yes," how many months did confinement to a bed or chair last? $\square$
41. Have you had any difficulty getting in or out of a bed or chair? ( $1=\mathrm{Yes}, 2=\mathrm{No}$ ) INT $22-3$ -
42. During a typical day (including time spent both at work and at home), how long do you usually spend,
a) sleeping at night?
b) napping during the day?
c) walking ?
d) carry/lifting moderate or heavy loads (including children)?
43. Did you change your physical activity since the first Strong Heart exam ?

| 1 =yes | $2=$ no |
| :--- | :--- |
| If "Yes," | $1=$ increased $\quad 2=$ decreased |

$\square$ INT22-4t

Hours:


Hours:


Hours:


Hours:
 Minutes: $\square$ INT22-4:
$\square$ INT22-4i
G. BOARDING SCHOOL
44. Did you ever attend boarding school?
45. If "Yes," for how many years? (Enter number of years)

99=Not applicable

## H. DENTURE AND EATING PROBLEMS

46. How many natural teeth do you have?

1=all
$2=$ most
$3=$ some $\quad 4=$ none
47. Describe how you eat (Choose ONE):
$1=$ I use natural teeth to eat.
$2=$ The natural teeth I have don't help me eat at all
$3=\mathrm{I}$ have natural teeth and a denture or partial. I use them both together to eat.
$4=I$ use dentures to eat.
$5=\mathrm{I}$ chew with my gums.
48. Rate your ability to chew food (Choose ONE)

INT22-50
1=Good 2=Fair 3=Poor
I. FAMILY INCOME:
49. Which of the following categories best describes your annual household income from all sources? Please show a list.

| $1=$ less than 5,000 | $6=25,000$ to 35,000 |
| :--- | :--- |
| $2=5,000$ to 10,000 | $7=35,000$ to 50,000 |
| $3=10,000$ to 15,000 | $8=$ over 50,000 |
| $4=15,000$ to 20,000 | $9=$ don't know/not sure |
| $5=20,000$ to 25,000 | $0=$ refused |

## J. ADMINISTRATIVE INFORMATION:

50. How reliable was the participant in completing the questionnaire?
$1=$ very reliable
4= very unreliable
$2=$ reliable
$5=$ uncertain
$3=$ unreliable
51. Interviewer


## THE STRONG HEART STUDY PHASE II

## PHYSICAL EXAMINATION

ID number:
Social Security Number:


IDNO SSN

## Before examinations start, check TOBACCO AND CAFFEINE USE

"Tobacco, alcohol, caffeine and activity levels can change the results of the exams and laboratory tests we will do today. Because of this, we will ask you a few questions."

1. Have you smoked or used chewing tobacco or snuff within the last 4 hours ?
$1=$ yes $\quad 2=$ no (Skip to Question 2)
$\square_{\text {EX2 }}-1$
a. How long ago did you last smoke or last use chewing tobacco or snuff? Specify the lag by hours.
b. If less than an hour, specify the minutes.
2. Did you consume more than 5 alcoholic drinks in the past 24 hours? $(1=\mathrm{Yes}, 2=\mathrm{No})$

"We are going to ask you not to smoke or use chewing tobacco until you have completed your visit with us today. We do this so that your test results are not affected by tobacco use. If you must use tobacco, please tell us that you did before you leave."
3. Have you had any coffee, tea, caffeinated soft drink or chocolate within the last 4 hours? $\begin{aligned} & \text { EX2-4 } \\ & \text { 1 =yes } \\ & \text { 2=no (Skip to Section I) }\end{aligned}$
a. How long ago did you last have any coffee, tea, caffeinated soft drink or chocolate? Specify the lag by hours
$\square \mathrm{EX} 2-4 \mathrm{~A}$
b. If less than an hour, specify the minutes


EX2-4B
I. STANDING MEASUREMENT: With shoes removed, heavy articles from pockets removed, and participant standing, measurements should not be made over gown or scub suit. Fractions less than 0.5 will be omitted, and fractions greater than or equal to 0.5 will be rounded up to the next higher unit.
5. Height in CENTIMETERS (cm) (Optional: $\qquad$ inches)


## II. SITTING MEASUREMENT

8. Right arm circumference, measured in centimeters (cm)

Midway between acromium and olecranon
9. Cuff size (arm circumference in brackets)
$1=$ Pediatric (under 24 cm ) $3=$ Large arm (33-41 cm )
$2=$ Regular arm $(24-32 \mathrm{~cm}) \quad 4=$ Thigh $(>41 \mathrm{~cm})$
10. Pulse obliteration pressure

A. FIRST BLOOD PRESSURE MEASUREMENT
(After 5 minutes in sitting position - right arm)
11. Systolic, Phase I - first sound

12. Diastolic, Phase V-first silence in a series of at least two silences

(If Phase V did not appear, record Phase IV)
B. SECOND BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)
13. Systolic, Phase I - first sound

14. Diastolic, Phase V-first silence in a series of at least two silences
 EX2-18 (If Phase V did not appear, record Phase IV)
C. THIRD BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)
15. Systolic, Phase I - first sound

16. Diastolic, Phase V-first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)
17. Were the above blood pressures taken from LEFT arm because of missing right arm or some other reason? $1=y e s$, If yes, specify: $\qquad$ $2=$ no
18. Recorder ID (For the SHS staff who took BPs):
19. Time of day (Please use military time, hour:minute)


## D. EXAMINATION OF THE CHEST

20. Examination of the lungs (Use the following codes to fill in the table)

1=clear
$2=$ rales

| LOCATION | Right Posterior Lung | Left Posterior Lung |
| :--- | :--- | :--- |
| Apex | EX2-26 | EX2-29 |
| Mid | EX2-27 | EX2-30 |
| Lower | EX2-28 | EX2-31 |

## E. EXAMINATION OF NECK VEINS, BRUITS (CAROTID)

21. 

a. Left (1=distended 2=flat)
b. Right ( $1=$ distended $2=$ flat)
a. Right carotid bruit (1=present $\quad 2=$ absent $) \quad \square$

EX2-24
b. Left carotid bruit ( $1=$ present $\quad 2=$ absent $)$ $\square$ EX2-25

## III. SUPINE MEASUREMENTS

23. Pight femoral bruit: $1=$ Present
24. Left femoral bruit: $1=$ Present $2=$ Absent $\quad 3=$ Missing limbs
25. Waist measurement at umbilicus, in CENTIMETERS (cm) (Optional: $\qquad$ inches)
26. Evidence of chest surgery or chest deformity ? $\square$
$1=$ Yes $\quad 2=$ No (Skip to Section A)
a. If "Yes," ask: "Did you have lung surgery?" $1=$ Yes $\quad 2=$ No (Skip to $b$ )

If "Yes," when and where?


EX2-84
hospital/clinic: $\qquad$
If "Yes," what type of surgery?
1=Lobe of lung removed
$2=$ Entire lung removed
$3=$ other, specify: $\qquad$
b. Did you have heart surgery?

1 =Yes $\quad 2=$ No (skip to Section A)
If "Yes," which surgery have you had?
i. Bypass? $\quad 1=$ Yes $\quad$ =No
i. Bypass? $\quad$ 2=Nes


If "Yes," when and where?
(Record the most recent)
EX2-87
hospital/clinic
ii. Valvular repair/replacement? 1=Yes
$2=\mathrm{No}$

hospital/clinic $\qquad$
iii. Pacemaker? $1=\mathrm{Yes} \quad 2=\mathrm{No}$

hospital/clinic $\qquad$
iv. Other?
$1=Y e s$
$2=\mathrm{No}$
$\square$ Ex2-93
Specify: $\qquad$
If "Yes," when and where?
(Record the most recent)


EX2-94
hospital/clinic $\qquad$
A. ECG AND IMPEDANCE MEASUREMENT
27. Electrocardiogram reading (preliminary reading from ECG machine)

1 = Normal
$2=$ Abnormal
4= Otherwise normal
$9=$ Unclassified
$3=$ Borderline
28. Impedance measurement
a. Resistance


EX2-6:
b. Reactance


EX2-6
c. Taken on left side because of amputation? (1=yes, $2=n o)$
d. Not taken because of amputation (1=yes, $2=$ no )

## B. PEDAL PULSES AND EDEMA

For the following items (29 to 32), use the following codes for findings:
$1=$ present, $\quad 2=$ absent, $\quad 3=$ missing limbs.
29. Right posterior tibial pulse
30. Right dorsalis pedis pulse EX2-69
31. Left posterior tibial pulse EX2-70
32. Left dorsalis pedis pulse EX2-71
33. Pedal edema EX2-82 ( $1=$ absent, $2=$ mild, $3=$ marked, above midpoint between malleolus and patella)

## C. DOPPLER BLOOD PRESSURE

Doppler blood pressure is measured in the posterior tibial artery. If not audible, use dorsalis pedis. If neither is audible, record zero. Record 999 if participant refuses or if blood pressure is not taken for a medical reason or amputation. Record 888 if you cannot obliterate.
34. Right arm Doppler blood pressure - brachial artery

Use left arm if left arm was used for standard blood pressure reading.
a) First systolic B.P. measurement
EX@-80
b) Second systolic B.P. measurement (no waiting time needed)
EX2-81

35. Right ankle Doppler blood pressure
a) First systolic B.P. measurement
EX2-74
b) Second systolic B.P. measurement (no waiting time needed) EX2-75
c) Location: 1=posterior tibial 2=dorsalis pedis
EX2-76

36. Left ankle Doppler blood pressure
a) First systolic B.P. measurement

EX2-77
b) Second systolic B.P. measurement (no waiting time needed)

EX2-78
c) Location: 1=posterior tibial 2=dorsalis pedis

EX2-79

D. EXAMINATION OF EXTREMITIES FOR AMPUTATIONS
37. Are any extremities missing ?
$1=y e s$, fill out the questions in the following table.
$2=$ no, skip to SECTION IV.
If "YES" to amputation, Code the cause of amputation:
$1=$ Diabetes
$2=$ Trauma
$4=$ Other, please specify
$3=$ Congenital

| Extremities | Yes / No | Cause | Comment |
| :---: | :---: | :---: | :---: |
| a. Right arm | EX2-33 | EX2-34 |  |
| b. Right hand | EX2-35 | EX2-36 |  |
| c. Right finger(s) | EX2-37 | EX2-38 |  |
| How many: |  |  | EX2-39 |
| d. Left arm | EX2-40 | EX2-41 |  |
| e. Left hand | EX2-42 | EX2-43 |  |
| f. Left fingers | EX2-44 | EX2-45 |  |
| How many: |  |  | EX2-46 |
| g. Right leg above knee | EX2-47 | EX2-48 |  |
| h. Right leg below knee | EX2-49 | EX2-50 |  |
| i. Right foot/toes | EX2-51 | Ex2-52 |  |
| How many: |  |  | EX2-53 |
| j. Left leg above knee | EX2-54 | EX2-55 |  |
| k. Left leg below knee | EX2-56 | EX2-57 |  |
| 1. Left foot/toe | EX2-58 | E×2-59 |  |
| How many: |  |  | EX2-60 |

## IV. ADMINISTRATIVE INFORMATION

38. Code number of person completing this form



[^0](Circle One Number on Each Line) Yes, Yes, No, Limited Limited Not Limited a Lot a Little at All

| 9. | Walking more than a mile ............................ | 1 | 2 | 3 | QUA 9 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10. | Walking several blocks | 1 | 2 | 3 | QUA10 |
| 11. | Walking one block | 1 | 2 | 3 | QUA11 |
| 12. | Bathing or dressing yourself .......................... | 1 | 2 | 3 | QUA12 |

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?
(Circle One Number on Each Line)

14. Accomplished less than you would like.................................. 1

2 QUA14
15. Were limited in the kind of work or other activities.......................... 1

2 QUA15
16. Had difficulty performing the work or other activities (for example, it took extra effort)

1
2 QUA16
During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?
(Circle One Number on Each Line)
17. Cut down the amount of time you spent on work or other activities Yes
No
18. Accomplished less than you would like................................. 1
$\qquad$ 2 QUA18
19. Didn't do work or other activities as carefully as usual $\qquad$ 1
20. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?
(Circle One Number)

| Not at all | 1 |
| :---: | :---: |
| Slightly | 2 |
| Moderately | 3 |
| Quite a bit. | 4 |
| Extremely | 5 |

21. How much bodily pain have you had during the past 4 weeks?
(Circle One Number)
None ..... 1
Very mild. ..... 2
Mild ..... 3
Moderate ..... 4
Severe ..... 5
Very severe ..... 6
22. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

QUA 22
(Circle One Number) Not at all ..... 1
A little bit ..... 2
Moderately ..... 3
Quite a bit ..... 4
Extremely. ..... 5

These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks .... (Circle One Number on Each Line)
All Most A Good Some A Little None of the of the Bit of of the of the of the Time Time the Time Time Time Time

| 23. | Did you feel full of pep? .................... | 1 | 2 | 3 | 4 | 5 | 6 | QUA 23 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 24. | Have you been a very nervous person? ..... | 1 | 2 | 3 | 4 | 5 | 6 | QUA 24 |
| 25. | Have you felt so down in the dumps that nothing could cheer you up? | 1 | 2 | 3 | 4 | 5 | 6 | QUA 25 |
| 26. | Have you felt calm and peaceful? ........... | 1 | 2 | 3 | 4 | 5 | 6 | QUA 26 |
| 27. | Did you have a lot of energy?.............. | 1 | 2 | 3 | 4 | 5 | 6 | QUA 27 |
| 28. | Have you felt downhearted and blue? ....... | 1 | 2 | 3 | 4 | 5 | 6 | QUA28 |
| 29. | Did you feel worn out? ...................... | 1 | 2 | 3 | 4 | 5 | 6 | QUA 29 |
| 30. | Have you been a happy person? ............ | 1 | 2 | 3 | 4 | 5 | 6 | QUA30 |
| 31. | Did you feel tired?. | 1 | 2 | 3 | 4 | 5 | 6 | QUA31 |

32. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

## (Circle One Number)

All of the time........... 1
Most of the time ........ 2
Some of the time........ 3
A little of the time....... 4
None of the time........ 5

How TRUE or FALSE is each of the following statements for you?
(Circle One Number on Each Line)
Definitely Mostly Don't Mostly Definitely
True True Know False False
33. I seem to get sick a little easier than other people......... 1 2 4 2 4 QUA33
34. I am as healthy as anybody I know.......................... 1

12
$\begin{array}{lll}2 & 3 & 4\end{array}$
5 QUA34
35. I expect my health to get worse............................. 1

2
34
5 QUA35
36. My health is excellent.

1
2
34
5 QUA36
37. Interviewer's code


## ID Number

1. How is this questionnaire administered?

1=By interviewer
$2=$ By self
$3=$ Refused
This is a list of things which may or may not affect a person's chances of getting heart disease. After you read each one, answer as to how much you think it affects a person's chances of getting heart disease.

| 0 | 1 | 9 |
| :---: | :---: | :---: |
| Does Not | Increases | Don't Know |
| Increase Risk | Risk | /Not Sure |

/Not Sure
2. Cigarette Smoking?

3. High Cholesterol?
4. High Blood Pressure?
5. Diabetes?
6. Worry, Anxiety, or Stress?
7. Being very overweight?
8. Eating a diet high in animal fat?
(For example, foods that contain red meat, cheese, butter, lard, etc.)
9. Family history of heart disease?


ID Number
IDNO

1. How is this questionnaire administered?

1=By interviewer
$2=$ By self
$3=$ Refused
A number of statements which people have used to describe themselves when they feel angry or furious are given below (Q2-Q21). Please read each statement and then indicate how often you feel or act in the manner described when you are angry.

| 1 | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: |
| Rarely | Sometimes | Often | Almost |
| or Never |  | or Always | Always |

## When I feel angry . . .

2. I control my temper.

3. I express my anger.
4. I keep my feelings to myself.
5. I make threats I don't really mean to carry out.
6. I withdraw from people when I'm angry.
7. I give people "the silent treatment" when I'm angry.
8. I make hurtful remarks to others.
9. I keep my cool.

SPIEL8
10. I do things like slam doors when I'm angry.
11. I boil inside, but I don't show it.
12. I argue with others.
13. I hold grudges that I don't tell anyone about.
14. I strike out (emotionally or physically) at whatever makes me angry.

Please read each statement and then indicate how often you feel or act in the manner described when you are angry.

| 1 | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: |
| Rarely | Sometimes | Often | Almost |
| or Never |  | or Always | Always |

15. I am more critical of (judge or find fault with) others than I let people know.

SPIEL15
16. I get angrier than I usually admit. SPIELI6
17. I calm down faster than most other people. SPIELI 7
18. I say mean things. SPIELI 8
19. I am irritated (frustrated, annoyed) much more than people are aware of. SPIEL19
20. I lose my temper.
21. If someone bothers (frustrates, irritates) me, I am likely to tell him/her.
22. Interviewer's code
23. Date completed (mo/day/yr)


## Standing and Sitting Measurement


I. STANDING MEASUREMENT: With shoes removed, heavy articles from pockets removed, and participant standing, measurements should not be made over gown or scub suit. Fractions less than 0.5 will be omitted, and fractions greater than or equal to 0.5 will be rounded up to the next higher unit.

1. Height in CENTIMETERS (cm)


POCO 1
2. Weight in KILOGRAMS (kg)


POC02
3. Hip circumference, in CENTIMETERS (cm)

II. SITTING MEASUREMENT
4. Right arm circumference, measured in CENTIMETERS (cm)

Midway between acromium and olecranon


P0C04
5. Cuff size (arm circumference in brackets)
$1=$ Pediatric $($ under 24 cm$) \quad 3=$ Large arm (33-41 cm )
$2=$ Regular arm $(24-32 \mathrm{~cm}) \quad 4=$ Thigh $(>41 \mathrm{~cm})$
6. Pulse obliteration pressure


POC08
A. FIRST BLOOD PRESSURE MEASUREMENT
(After 5 minutes in sitting position - right arm)
7. Systolic, Phase I - first sound


P0C09
POC 10
8. Diastolic, Phase V - first silence in a series of at least two silences


POC05
(If Phase V did not appear, record Phase IV)
B. SECOND BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)
9. Systolic, Phase I - first sound

10. Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)
C. THIRD BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)
11. Systolic, Phase I - first sound


POC 13
12. Diastolic, Phase V - first silence in a series of at least two silences
 (If Phase V did not appear, record Phase IV)
$\square$ POC 15
13. Were the above blood pressures taken from LEFT arm because of missing right arm or some other reason? $1=y e s$, If yes, specify $\qquad$ $2=n o$
14. Recorder ID:


## Supine Measurement



## I. SUPINE MEASUREMENT

1. Waist measurement at umbilicus, in centimeters (cm)

2. Impedance measurement
a. Resistance


POC2-2a
b. Reactance


POC2-2B
c. Taken on left side because of amputation? ( $1=\mathrm{yes}, \quad 2=\mathrm{no}$ )
d. Not taken because of amputation
( $1=y e s$, $2=n o$ )

$$
1=\mathrm{yes}, \quad 2=\mathrm{no})
$$

## DOPPLER BLOOD PRESSURE

Doppler blood pressure is measured in the posterior tibial artery. If not audible, use dorsalis pedis. If neither is audible, record zero. Record 999 if participant refuses or if blood pressure is not taken for a medical reason or amputation. Record 888 if you cannot obliterate.
3. Right ankle Doppler blood pressure
a) First systolic B.P. measurement


POC2-3A
b) Second systolic B.P. measurement (no waiting time needed)
c) Location: 1=posterior tibial 2=dorsalis pedis
4. Left ankle Doppler blood pressure
a) First systolic B.P. measurement


POC2-4A
b) Second systolic B.P. measurement (no waiting time needed)
c) Location: 1=posterior tibial 2=dorsalis pedis


POC2-4B

For item 5, use left arm if left arm is used for standard blood pressure reading.
5. Right arm Doppler blood pressure - brachial artery
a) First systolic B.P. measurement

b) Second systolic B.P. measurement (no waiting time needed)


POC2-5B
II. ADMINISTRATIVE INFORMATION
6. Code number of person completing this form


## THE STRONG HEART STUDY II

## TUBERCULOSIS AND COCCIDIOIDOMYCOSIS TUBERCULIN SKIN TEST AND COCCI SKIN TEST

| ID Number | $\square$ IDNO |
| :--- | :--- |

A. TUBERCULOSIS AND TUBERCULIN SKIN TEST

1. History of Active Tuberculosis and Tuberculin Skin Test
a. History of TB by medical record review :

$$
\begin{array}{ll}
1=\text { Yes } & 2=\text { No } \\
3=\text { Medical record not available or complete } & 4=\text { Uncertain }
\end{array}
$$

b. History of TB by personal interview, "Did a medical person ever tell you that you had active tuberculosis?"

$$
1=\mathrm{Yes} \quad 2=\mathrm{No} \quad 3=\text { Uncertain }
$$

c. If "Yes " in a or b, "what was the year of diagnosis?"

Fill in year of diagnosis, 99=unknown. Skip to Section 4.

d. If "No" or "Uncertain" in a or b, ask participant: "Have you ever had a positive TB skin test?"

$$
1=\text { Yes } \quad 2=\mathrm{No} \quad 3=\text { Uncertain }
$$

Verify PPD results in medical record and fill out Section 2 below.
2. Results of tuberculin test - Recorded from chart review
a. Date of last test

b. If available, record induration (in mm ). if not recorded, draw one line
 through the boxes.
Comments regarding previous PPD testing: $\qquad$
c. Interpretation:
$1=$ Positive ( 210 mm or PPD positive) (Go to section 4)

$2=$ Negative ( $<10 \mathrm{~mm}$ or PPD negative)
$3=$ Uncertain (PPD not read)

If unable to verify positive results, offer to repeat PPD
If "Positive" in Medical Records, go to B if in AZ, or to next section if in OK or N/SD.
3. Results of Tuberculin Test - OFFER AS PART OF SHS TO PARTICIPANTS WHO HAVE NO HISTORY OF TB AND NEGATIVE PPD TEST OVER 2 YEARS AGO OR POSITIVE OR UNCERTAIN PPD HISTORY WITH NO MEDICAL RECORD VERIFICATION
a. Did participant refuse the TB skin test? $1=\mathrm{YES}, 2=\mathrm{NO}$ If participant refused TB skin test, GO TO Section B.

## 1st TB test:

b. Date of administration (left arm preferred)

Initial site given
right arm $\qquad$

c. Induration in mm. If unable to read skin test fill in 99.

TB11


TB12 left arm $\qquad$ If $<10 \mathrm{~mm}$ induration, repeat PPD 7 days after the first test unless participant had negative skin test within the last 2 years..
d. Reading date

e. Reader's initials: $\qquad$
2nd TB test (To be given at least 1 week after the first test):
b. Date of administration (left arm preferred)


Initial site given
right arm $\qquad$ left arm $\qquad$
TB15
TB16
c. Induration in mm . If unable to read skin test fill in 99.
d. Reading date

e. Reader's initials: $\qquad$
4. If PPD is positive or history of TB is positive, did participant complete preventive therapy or curative therapy? (Adequate preventive treatment is at least 6 months of INH. Adequate curative treatment is at least 6 months with 2 or more TB medication) $1=$ Yes $\quad 2=$ No (Complete a \& b) $\quad 9=$ Uncertain
a. If no, would participant be willing to take preventive therapy prescribed by a medical professional?
$1=$ Yes $\quad 2=\mathrm{No} \quad 9=$ Uncertain
b. Referral written for service unit follow-up?
$1=\mathrm{Yes} 2=\mathrm{No}$
If PPD is positive and the patient never completed preventive therapy or was never adequately treated for active TB, refer for evaluation by TB control program if he/she is willing to take preventive therapy. A chest x-ray is indicated before starting a patient on preventive therapy but is not indicated for asymptomatic patients who have completed preventive therapy or therapy for active TB or for those who refuse preventive therapy, unless symptoms of TB develop.
5. Coder


CODE
6. Date completed


DOC

## B. Coccidioidomycosis and Cocci Skin Test (Arizona participants only)

1. Results of cocci test-Recorded from chart review
a. Date of last test


C0C1
b. If available, record induration (in mm). if not recorded, draw one line through the boxes.


COC2
Comments regarding previous cocci testing: $\qquad$
c. Interpretation:
$1=$ Positive ( $\geq 10 \mathrm{~mm}$ or cocci positive)
$2=$ Negative ( $<10 \mathrm{~mm}$ or cocci negative)
$3=$ Uncertain (cocci not read)
2. History of coccidioidomycosis by medical record review
$1=$ Yes
3=Medical record not available or complete 4=Uncertain
3. Has a medical person ever told you that you had Valley Fever?

$\square$
$1=\mathrm{YES}$
$2=\mathrm{NO}$
9=Unknown/Uncertain
Offer cocci skin test to participants who have no history of coccidioidomycosis or Vally Fever and negative cocci skin test over 2 years ago.
4. Is Cocci skin test given? (Right arm preferred)

1 =Yes $\quad 2=$ No $\quad 3=$ Refused
If "YES," Administration Date
Initial site given:
right arm_cocs


COC7
5. Induration of cocci skin test (in mm).
6. Reading Date

7. Reader's initials: $\qquad$

Participants with history of Vally Fever or positive cocci skin tests should be advised to seek medical care if they develop fever, cough or other pulmonary symptoms. No other specific treatment is indicated.
8. Coder
9. Date completed ( $\mathrm{mo} /$ day/yr)


CODE

## THE STRONG HEART STUDY II

## Ultrasonographer Data Form

Strong Heart Study ID Number $\square$
Social Security Number

Date of Examination (mo/day/yr)

EXAM DAS

1. Ultrasonographer ID Number

ULT 1
2. Videocassette Number

ULT 2
3. Tape sequence Number $\square$ ULT 3
4. Have you ever been told that you had gallstones?
$1=\mathrm{Yes}$
$2=\mathrm{No}$
9=Unknown
5. Have you ever had gallbladder surgery? $\square$
1 =Yes $\quad 2=$ No $\quad 9=$ Unknown
6. Including your last meal and any snacks, at what time did you last have anything to eat?

Military Time:


ULT 6

Day: $1=$ Today $\quad 2=$ Yesterday
7. Time now (please use military time) (hh:mm) $\square$ ULT 9
8. Presence of surgical scar
a. Right upper quadrant $1=Y e s$ $2=\mathrm{No}$ $\square$ ULT 8A
b. Epigastrium or periumbilical area
$1=\mathrm{Yes}$
$2=\mathrm{No}$
c. Laparoscopic scars
$1=Y e s$
$2=\mathrm{No}$ $\square$
ULT 8 C

## Ultrasonographic Findings

9. Portal vein at liver hilum on transverse scan?
$1=$ Yes $\quad 2=$ No $\quad 9=$ Unable to observe
10. Liver margin on longitudinal scan?

ULT 11
$1=$ Yes $\quad 2=$ No $\quad 9=$ Unable to observe
11. Intrahepatic right portal vein on longitudinal scan?
$1=$ Yes
$9=$ No
12. Anterior gallbladder wall thickness in mm (on longitudinal scan)


ULT 13 If unable to observe, fill in 99.
13. Can gallbladder be observed?
$\begin{array}{ll}=\text { Yes } & 2=\text { No (Skip to Question 20) }\end{array}$
14. Were gallstones found?
$1=$ Yes (Echogenic clumps with shadowing in 2 views)
2=No (Gallbladder visible, no echo clumps)
$3=$ No conclusion (Gallbladder clumps that shadow on only one view)
15. If "YES," how many gallstones were there?
$1=$ Single $\quad 2=$ Multiple

ULT 17
15. If "YES," how many gallstones were there?
$1=$ Single $\quad 2=$ Multiple
14. Were gallstones found?
$1=$ Yes (Echogenic clumps with shadowing in 2 views)
$2=$ No (Gallbladder visible, no echo clumps)
$3=$ No conclusion (Gallbladder clumps that shadow on only one view)

$\square$
16. Measurement of largest echo clump (in mm)

Fill in 0 if no clump was found, 99 if unable to observe.


ULT 21
17. Was gallbladder wall calcified? (Dense shadowing fro
gallstones)
1=Yes $\quad 2=$ No
If "Yes," attach still image and send with video tape.
18. Were cholesterol polyps found?
(Echogenic clumps attached to gallbladder wall without shadowing that do not move) $1=$ Yes $\quad 2=$ No

ULT 19
19. Was gallbladder sludge observed?
(Echogenic clumps without shadowing that move)
$\begin{aligned} & 1=\text { Yes }\end{aligned} \quad 2=$ No

ULT 20

# 20 Were any other abnormal findings identified? <br> 1=Normal 2=Abnormal 

If "Abnormal," describe: $\qquad$
$\qquad$
$\qquad$
21. Results of Examination:
$1=$ Test done $\quad 2=$ Test incomplete $\quad 3=$ Test not done
22. Reasons Test Incomplete or Not Done
$1=$ Ultrasound malfunction
$2=\mathrm{VCR}$ malfunction
3=Insufficient time
4=Examinee refused or uncooperative
5=Examinee medically excluded by staff for safety
$6=$ Examinee unable to physically cooperate
$7=$ Positive history of gallbladder surgery and visible right upper quadrant scar
23. Comments?
$1=$ Yes $\quad 2=$ No
If "Yes," Comments:


[^0]:    1. Questions adopted from the RAND 36-Item Health Survey 1.0.
