CES-D SCALE

ID N	lumber	IDNO
1.	How is this questionnaire administered? 1=By interviewer 2=By self 3=Refused	CES1
follo	are some questions (Q2-Q22) about your feelings during the <u>past week</u> . For each of the wing statements, please respond as to whether you felt that way: Rarely or Not At All, Some etime, Often, or Most of the time.	
	1 2 3 4 9 ely or Some Often Most of the Time Not At All (1-2 days) (3-4 days) (5-7 days) Applicable day)	
Duri	ng the past week	
2.	I was bothered by things that don't usually bother me.	CES2
3.	I did not feel like eating; my appetite was poor.	CES3
4.	I felt that I could not shake the blues even with help from my family or friends.	CES4
5.	I felt that I was just as good as other people.	R CES5
6.	I had trouble keeping my mind on what I was doing.	CES6
7.	I felt depressed.	CES7
8.	I felt that everything I did was an effort.	CES8
9.	I felt hopeful about the future.	R CES9
10.	I thought my life had been a failure.	CES10
11,	I felt fearful.	CES11
12.	My sleep was restless.	CES12
13.	I was happy.	R CES13
14.	I talked less than usual.	CES14
15.	I felt lonely.	CES15

For each of the following statements, please respond as to whether you felt that way: Rarely or Not At All, Some of the time, Often, or Most of the time.

Rarely Not At (<1 day	All	Some (1-2 days)	Often (3-4 days)	4 Most of the Time (5-7 days)	9 Not Applicable	
16.	People	were unfriendly	/-			CES16
17.	I enjoye	ed life.				R CES17
18.	I had cr	ying spells.				CES18
19.	I felt sa					CES19
20.		at people dislike	ed me			CES20
21.			what I needed to	ło		CES21
			e following scale			
ror Qu	iesiion 2					
1 Rarely Not At		2 Some	Often	Most of the Time	9 Not Applicable	
22.	I have f	felt depressed o	r sad in this past	year.		CES22
23.		wer's code				CES23
24.		mpleted (mo/da	y/yr)			DOC

THE STRONG HEART STUDY II

Clinical Examination -- Checklist

Participant's	s name: PARNAME Last	First		Middle	. 18	
ID Number:	IDNO	1 195	Date:	mo	day	yr I
	3.0	MOTOR TO THE		12 14 15 7 2 18	11.11.11.11.11	
Item	S TO THE PARTY OF THE	ing .		If done, date and initial	$p = \frac{1}{2} + 2\pi i \left(A_i \right)^{\frac{1}{2}}$	
1. Con	sent Form Signed			-CDATE1 -	10 10 100	*
2. Med	lical Release Signed			CDATEŹ	1000	14.45
3. One	Touch blood test, Rea	iding		CDATE3	1-31	15%
4. Pro	Act/Reflotron (if done),	Reading		CDATE4		
5. Fast	ing blood sample			CDATE5		
6. Glut	ol			CDATE6		
7. Urin	e sample			CDATE7		
8. Two	-hour blood sample			CDATE8		
9. Skin	test			CDATE9	+	
10. Pers	onal interview forms			CDATE10		
11. Med	lical history form			_CDATE11		
	lical chart review entify morbidity cases			_CDATE12		
13. ECC	3			CDATE13		
14. Imp	edance measurement			CDATE14		
15. Heig	ght and Weight			CDATE15		

16.	Abdominal, hip and arm circumferenc	CDATE16
17.	Sitting blood pressure	CDATE17
18.	Doppler blood pressure	CDATE18
19.	Examination of lungs and vessels	CDATE19
20.	Neuropathy tests	CDATE20
21.	Echocardiogram	CDATE21
22.	Gallbladder - ultrasound	CDATE22
23.	Pulmonary function test	CDATE23
24.	Dietary survey	CDATE24
25.	Psychosocial questionnaire	CDATE25
26.	Quality of life questionnaire	CDATE26
27.	Payment or payment form	CDATE27

THE STRONG HEART STUDY II COOK MEDLEY

IDN	lumber			IDNO
1.	How is this questionn 1=By interviewer 2=By self 3=Refused	aire administered?		COOK
reall	y know what other people		ut other people. Although we can ney tell us, we would like to know nents is "True" or "False".	
	0 False	1 True		
2.	No one cares much ab	out what happens to me.		Соок
3.	It is safer to trust nob	ody.		COOK
4.	Most people would lie	to get ahead.		COOK
5.	Most people inwardly	dislike putting themselves out	t to help other people.	COOK
6.	Most people will use u	infair means to gain an advant	tage rather than lose it.	COOK
7.	Most people are hones	st mainly through fear of being	g caught.	COOK
8.	I often wonder what h something nice for me	idden reason another person r	may have for doing	COOKE
9.	Most people make frie	ends because friends are likely	to be useful to them.	Соок
10.	Interviewer's code			CODE
11.	Date completed (mo/d	ay/yr)		DOC

CULTURAL FACTORS QUESTIONNAIRE

ID N	umber		IDNO
Socia	al Security Number		SSN
1.	How is this questionnaire administered? 1=By interviewer 2=By self 3=Refused		CUL1
The r	next several questions are about your own native lifestyle.		
2.	How much do you identify yourself with your own native culture 1 =Not At All 2 =A Little 3 =Some 4 =A Lot	?	CUL2
3.	How much do you identify yourself with non-Indian culture? 1 =Not At All 2 =A Little 3 =Some 4 =A Lot		Cnr3
4.	How comfortable do you feel in your own native culture? 1 =Not At All 2 =A Little 3 =Some 4 =A Lot		CUL4
5.	How comfortable do you feel in the non-Indian culture? 1 =Not At All 2 =A Little 3 =Some 4 =A Lot		CUL5
6.	Interviewer's code		CODE
7.	Date completed (mo/day/yr)		DOC

Diabetic Foot Screen

ID N	umber	Chill Browning	IDNO
Name	e (First, Last) IHS C	hart Number	IHSNO
1.	Is there a feet place or a history of feet place? (1-Vee	2-No)	FOOT1
		2=No)	FOOT2
2.	Are the nails thick, too long or overgrown? (1=Yes 2	(=N0)] FOOT3
3.	Is either foot numb? (1=Yes 2=No)	L	
4.	Label: Sensory level with a "+" if the participant can feel he/she cannot feel the 10 g filament. Test each site only of the participant can be a sensor where thick called a physical in the called a sensor where thick called a physical called a sensor where thick called a sensor where thick called a sensor where the called a sensor where thick called a sensor where the called a s		
	in areas where thick callous or bunion is present.	1=Positive 2=Negative	
		a. Right top] F00T4a
	Right top	b. Right large toe	FOOT4b
	S Augustop	c. Right middle toe	FOOT4c
	Right small toe	d. Right small toe] FOOT4d
	Right middle toe	e. Right sole front	FOOT4e
	24 1/10	f. Right sole right	FOOT4f
1	Right large toe	g. Right sole left	FOOT4g
Right heel	Right Right Right Right sole sole sole sole	h. Right sole back right] F00T4h
	back back left right front right left	i. Right sole back left] FOOT4i
		j. Right heel	FOOT4j
5.	If the right foot has been amputated, conduct the exam on here:	the left foot and make a note _(approx date of amputation).	
6.	RESULTS:	_(approx date or amputation).	1
		Number of Number correct answers sites te	
7.	Examined by:		FOOT7
8.	Date examined	mo day yr] EXAM
		ino day yi	DAY

The George Washington University Medical Center Gallbladder Ultrasonography - Radiologist's Form

Stro	Strong Heart Study ID Number			
Last	Name			
Date	of Examination (mo/d	ay/yr)		
1.	Date of reading (mo	o/day/yr)		
2.	1=First reading	2=Adjudication		
3.	Radiologist ID num	ber: 1=Dr. Hill	2=Others	
	Initial:	ial		
4.	Videocassette Num			
5.	Tape sequence Num	nber		
Find 6.	ings of gallbladde Adequacy of exami			
	1=Adequate	2=Below standard	3=Inadequate	
7.	Can gallbladder be	observed?		
	1=Yes	2=No (Skip to Question	16)	
8.	Were gallstones for 1=Yes	ind?		
		visible, no echo clumps) gallbladder clumps that shad	ow on only one view)	
9.	If "YES," how man 1=Single	y gallstones were there? 2=Multiple		
10.	Percentage of gallbi 1 = No gallstones 2 = <25 %	adder filled with gallstones $4 = > 50 \%$, but to $5 = \text{Filled}$	not filled	
	3 = 25-50 %			

11.		gallbladder v tones)	vall calcified? (Dense shadowing fr	om gallbladder wal	l, exclusive of	
	1=Y	ALL PROPERTY OF THE PARTY OF TH	2=No			
12.		ogenic clump	polyps found? s attached to gallbladder wall without 2=No	out shadowing that	do not move)	Ε
13.		ogenic clump	ludge observed? s without shadowing that move) 2=No			E
14.	Othe	r gallbladder	abnormality			
	a.	Gallbladde	er wall thickened (>3 mm)	1=Yes	2=No	
	b.	Contracted	l gallbladder	1=Yes	2=No	
4	c.		e with chronic cholecystitis. underlying gallbladder cancer can	1=Yes not be excluded.	2=No	E
	d.	True polyp		1=Yes	2=No	
15.		ainty of gallbl ertain	adder diagnoses: 2=Uncertain			
16.	Com 1=Ye	ments?	2=No			Ē
	If "Y	es," Comme	nts:			
	*					
Confi	irmed I	Ву:	C:			-
			Signature			

GTT CHECKLIST

		ID number:				IDNO
Center	:Today	's Date:				TODAY
1.	Fasting One Touch glucose result. If not done, draw	w two lines a	cross the	boxes.		GTT2-1
2.	Is blood sample taken? 1 = yes, and participant has been fasting, 2 = yes, but participant has NOT been fastin 3 = no, participant is on renal dialysis, 4 = no, participant has had a kidney transplat 5 = no, participant has not been fasting, 6 = participant refused, 7 = other, specify:					GTT2-2
	If blood sample is NOT taken because of dialysis/tra are tubes of blood for DNA and RBC typing taken? 1=yes 2=no	nsplantation	or refusa	l ,		GTT2-2a
3.	When was the last time you ate	-GTT2-3		AM	PM	
4.	Time of collection of fasting samples	GTT2-4				
5.	Time the 75 gram glucose beverage was consumed	GTT2-5				
6.	Time of collection of urine sample	GTT2-6				
7.	Time of 2-hr blood sample	GTT2-7				
8.	The participant did not have GTT because of:	Check the	approprie	ate ans	wer(s)	
	a. diabetes, on insulin treatment					GTT2-8a
	b. diabetes, on oral agent					GTT2-81
	c. One Touch > 225 mg/dl					GTT2-86
	d. refusal to have GTT done					GTT2-86
9.	Has the participant vomited after the glucose beverage (1=yes 2=no)	ge was given'	?			GTT2-9
	If yes, when? (Indicate the time)	GTT2-10)			
Comm	ents:					

ISEL

ID N	Number	IDNO
1.	How is this questionnaire administered? 1=By interviewer 2=By self 3=Refused	ISEL1
may.	scale is an assessment of social support, and is made up of a list of statements, which mot be true about you. For each statement (Q2-Q21), answer as to whether it is 'Never Tely True', 'Somewhat True', or 'Definitely True' for you.	ay or rue',
	0 1 2 3 Never True Rarely True Somewhat True Definitely True	
2.	If I needed a quick emergency loan of \$30, there is someone I could get it from.	ISEL2
3.	There is at least one person I know, whose advice I really trust.	ISEL3
4.	If I needed help around the house (that is, with cleaning or making small repairs), I would have a hard time finding someone to help me without pay.	ISEL4
5.	If I wanted to go play bingo, go to a potluck or pow wow, or some other activity, I could easily find someone to go with me.	ISEL5
6.	I have a positive attitude about myself.	ISEL6
7.	When I need suggestions for how to deal with a personal worry or problem I know there is someone I can talk to.	ISEL7
8.	There are several people that I regularly enjoy spending leisure time with.	ISEL8
9.	There is really no one I can talk to about money problems.	ISEL9
10.	I have the confidence to do the things I want to do in my life.	ISEL10
11.	If I needed help in doing some errands, I could find someone to help me.	ISEL11
12.	I am a person of at least equal worth as other people.	TSEL12
13.	I know someone that I can talk with about my most private thoughts and feelings.	ISEL13
14.	If I needed a ride early in the morning, I would have a hard time finding anyone to take me.	ISEL14

For each statement, answer as to whether it is 'Never True', 'Rarely True', 'Somewhat True', or 'Definitely True' for you.

	Never True Rarely True Somewhat True Definitely True	
15.	I often meet or talk with friends or members of my family.	ISEL15
16.	I am basically a good person.	ISEL16
17.	I often get invited to do things with others.	ISEL17
18.	I feel satisfied with the help I get in doing tasks around the house, taking care of errands, and getting rides.	ISEL18
19.	I feel satisfied with the amount of support I get with personal concerns.	ISEL19
20.	I feel satisfied with how often I talk to, or get together with family and friends.	ISEL20
21.	I feel satisfied with how I feel about myself.	ISEL21
22.	Interviewer's code	CODE
23.	Date completed (mo/day/yr)	DOC

APPENDIX 4 THE STRONG HEART STUDY II

MEDICAL HISTORY FORM

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MEDICAL HISTORY FORM

ID nu	ımber:								IDNO
Socia	l Security	Number:					H		SSN
В.	"Now I	CAL CONDITI I'd like to ask you told you that you h	ONS: some questions about me nad any of the following o	edical probl	ems. H	as a med	lical po	erson	
4.	High b	lood pressure? 2=no	9=unknown						MED2-1
			you when you were first tressure? Indicate the ac					Ę	MED2-2
5.	Arthriti 1=yes	2=no	9=unknown						MED2-3
6.	Cancer 1=yes	, including leukem 2=no	ia and lymphoma? 9=unknown						MED2-4
	If "YES	S," specify type of	f cancer:						
7.	Diabete 1=yes	es? 2=no	3=borderline 9=ur	ıknown					MED2-5
	If "YES 1=yes	S" or "BORDERL 2=no	INE," do you still have it 3=borderline 9=ur						MED2-6
			you were first told by a me actual age. Don't know		son that	you			MED2-7
	What t	ype of treatment ar	e you taking for your dia	betes? (1 =	= yes,	2 = no			
	a.	insulin							MED2-8
	b.	oral hypoglycemic	eagent						MED2-9
	c.	by dietary control							MED2-1
	d.	by exercise							MED2-1
	e.	do nothing							MED2-1

3.	Kidne 1=yes	y failure? 2=no	9=unknown	└ MED2-13
	If yes, 1=yes	do you still have it no 2=no	ow ? 9=unknown	MED2-14
	How o	old were you when you dney failure? <i>Indicate</i>	were first told by a medical person that you the actual age. Don't know=99	MED2-15
).	Renal 1=yes	dialysis? 2=no	9=unknown	MED2-16
10.	Kidne 1=yes	y transplant? 2=no	9=unknown	MED2-17
11.	Cirrho 1=yes	osis of the liver? 2=no	9=unknown	MED2-18
12.	LUNG a.	G PROBLEMS Emphysema?	1=yes 2=no 9=unknown	MED2-19
	b.	Hay fever?	1=yes 2=no 9=unknown	MED2-20
	c.	Chronic bronchitis?	1=yes 2=no 9=unknown	MED2-21
	d.	Asthma?	1=yes 2=no 9=unknown	MED2-22
		If "YES" for asthma,	, do you still have it now? 1=yes 2=no 9=unknown	MED2-23
13.	Have 1=yes	you had a heart cathete	erization?	MED2-24
		rt catheterization is a sin to see how the heart	tudy in which a tube is inserted into the heart through the gworks.	roin
	If "YI	ES," which type of catl	heterization have you had and when?	
	a.	Angioplasty? (1=	yes 2=no)	MED2-2
		If "YES," when and (record the most rece		yr
		hospital/clinic:		
	b.	Other, (1=yes 2=	=no)	MED2-2
		Specify:		
		If "YES," when and (record the most rece		yr
		hospital/clinic:		

14.	Have you ever had an exercise test or Treadmill test to check your heart? 1=yes
	If "YES," when and where? (record the most recent) mo day yr
	hospital/clinic:
15.	Have you had an electrocardiogram (ECG) taken since the last SHS examination? 1=yes 2=no 9 = unknown
	If "YES," when and where? (record the most recent) mo day yr
	hospital/clinic:
	<u>CE your last SHS exam</u> , that is(mo)(yr), has a doctor told you that you had any of ollowing conditions?
16.	Heart failure ? 1=yes 2=no 9=unknown MED2-29
	If "YES," when and where? (If more than one episode since Exam I, enter information for THE FIRST ONE in the Exam I - Exam II interval) mo day yr
	hospital/clinic:
	If "YES," do you still have heart failure now? 1=yes 2=no 9=unknown
17.	Heart attack? 1=yes 2=no 9=unknown MED2-3
	If "YES," when and where? (If more than one episode since Exam I, enter information for THE FIRST ONE in the Exam I - Exam II interval) mo day yr
	hospital/clinic:
18.	Any other heart trouble ? 1=yes 2=no 9=unknown
	If "YES," specify type:
	If "YES," when and where? (If more than one episode since Exam I, enter information for THE FIRST ONE in the Exam I - Exam II interval) mo day yr
	hospital/clinic:

19.	Stroke? 1=yes	2=no	9=unknown			L	MED2-33
			re? (If more than one epis ne Exam I - Exam II intervo			formation Lay yr]
	hospital/cl	inic:					
20.	Enter info	ormation for mul	tiple events.				
	Reason:	1=Heart at 3=Other he	tack/heart surgery eart trouble	2=Heart failure 4= Stroke			
	Hospital/C	Clinic	Town/State	Date (m	io/day/yr)	Reason	
i.				1	/	MED2-34	
ii.				/	/	MED2-35	
iii.				/	/	MED2-36	
iv.				/	/	MED2-37	
v.				/	/	MED2-38	
RESP	PIRATORY	QUESTIONS					
21.		o you usually har Yes 2=1	ve a cough? No (Skip to Question 23)] _{MED2-39}
	ou	o you usually cont of the week? Yes 2=1	ugh as much as 4 to 6 time	s a day, 4 or mor	re days		MED2-40
		you usually co Yes 2=1	ugh at all on getting up, or	first thing in the	morning?		MED2-41
	or	you usually comore during the Yes 2=1		for 3 consecutive	months		MED2-42
	e. He	ow long have yo	u had this cough?	years:	m	onths:	MED2-44
22.	Do you us 1=Yes	sually bring up p 2=No	hlegm from your chest who	en you cough?	MED2-	-43	MED2-45

23.	Does your chest ever sound wheezy or whistling:	
	a. when you have a cold? (1=Yes 2=No)	MED2-46
	b. occasionally apart from colds? (1=Yes 2=No)	MED2-47
	c. most days? (1=yes 2=No)	MED2-48
	d. most nights? (1=Yes 2=No)	MED2-49
24.	Have you ever had an attack of wheezing that has made you feel short of breath? 1=Yes 2=No	MED2-50
25.	Are you troubled by shortness of breath when hurrying on the level or walking up a slight hill? 1=Yes	MED2-51
	1= i es	
26.	Do you have to walk slower than people of your age on the level because of breathlessness? 1=Yes 2=No	MED2-52
27.	Do you ever have to stop for breath when walking at your own pace on the level? 1=Yes 2=No	Med2-53
28.	Do you ever have to stop for breath after walking about 100 yards (the length of a football field) or after a few minutes on the level? 1=Yes 2=No	MED2-54
29.	Are you too breathless to leave the house or breathless on dressing or undressing? 1=Yes 2=No	MED2-55
30.	Did you have any lung trouble before the age of 16? 1=Yes 2=No	MED2-56
31.	Have you ever been told you snore? 1=Yes 2=No	MED2-57
IF TH	IE PARTICIPANT IS MALE. GO TO ROSE OLIESTIONNAIRE	

IF THE PARTICIPANT IS MALE, GO TO ROSE QUESTIONNAIRE IF THE PARTICIPANT IS FEMALE, GO TO NEXT PAGE AND CHECK HERE MC

REPRODUCTION AND HORMONE USE (WOMEN ONLY)

ID nun	nber:							IDNO)
	"The f	following	g questions ar	e related to your	childbearing o	organs".		JI DNC	
1.	Did you		feed your las $2 = n$	t child for at leas	st one month? $3 = \text{never had}$	l a living bal	ру	REP 2	2-1
2.	pregna	ancies?		t your blood sug			the	REP 2	2-2
3.	1 = ye Have 1 = yes	your me		ostopped permar (go to Question)		n pregnant		REP2	2-3
4.	270374			our periods stopp		? Indicate th	e age in years.	REP 2	2-4
5.	Was y 1= Na	our men tural		al or did you hav	ve surgery?			REP2	2-5
	If sur	gery, wa	s <u>only</u> your u	terus removed?	(1=yes 2=no	9=unknow	vn)	REP	2-6
6.	Have y		used birth co 2= no					REP2	2-7
	"ESTF	ROGEN	is a female ho	ormone that may	be taken after	a hysterector	ny or menopause.		
7.	by sho	t) for an	y reason? (Of I pills once a o		rin: maybe eith		as a patch or brown or yellow	REP2	2-8
	a.			ill taking estroge		2= no)		REP	2-9
	b.	Why d	o(did)you use	estrogen? (1 =	= yes $2 = no$	9=unknov	/n)		
		i.	post surgery	(hysterectomy a	nd removal of	ovaries)		REP:	2-10
		ii.	relief of men	opause sympton	ıs			REP	2-11
		iii.	prevent bone	loss				REP	2-12
		iv.	protect again	st heart disease				REP	2-13
		v.	doctor's advi	ce				REP	2-14
8.	How o	old were	you when you	u started using es	strogen? Indi	cate the age	in years.	REP	2-16
9.	How n	nany yea	ars altogether	did you take esti	rogen? Specif	fy the duration	on in years.	REP	2-17

ROSE QUESTIONNAIRE FOR ANGINA AND INTERMITTENT CLAUDICATION

ID nur	mber:	IDNO
Section	on A: Chest Pain on Effort	
1.	Have you ever had any pain or discomfort in your chest? 1 = yes $2 = no (go to Section C)$	ROSE2-1
2.	Do you get it when you walk uphill, upstairs or hurry? 1 = Yes	ROSE2-2
3.	Do you get it when you walk at an ordinary pace on the level? $1 = Yes$ $2 = No$	ROSE2-3
4.	What do you do if you get it while you are walking? 1 = Stop or slow down 2 = Carry on (go to Section B) (Record "stop or slow down" if subject carries on after taking nitroglycerine.)	ROSE2-4
5.	If you stand still, what happens to it? $1 = \text{Relieved}$ $2 = \text{Not relieved } (\text{go to Section B.})$	ROSE2-5
6.	How soon? $1 = 10$ minutes or less $2 = More than 10$ minutes (go to Section 1)	B.) ROSE2-6
7.	Will you show me where it was ? (Record all areas mentioned. Use the diagram show the location if participant cannot tell exactly.) 1 = yes 2 = no Sternum (upper or middle) Upper Sternum (lower) Left anterior chest Lower Lower	ROSE2-7a ROSE2-7b ROSE2-7c ROSE2-7d
8.	Other: Do you feel it anywhere else ? 1 = Yes	ROSE 2-8

G		
Section	on B: Possible Infarction	
9.	Have you ever had a severe pain across the front of your chest lasting for half an hour or more?	
	1 = Yes 2 = No	ROSE2-9
Section	on C: Intermittent Claudication	
10.	Do you get pain in either leg on walking? 1 = Yes 2 = No (Go to Question 19)	RO <u>SE</u> 2-10
11.	Does this pain ever begin when you are standing still or sitting? 1 = Yes (Go to Question 19) $2 = No$	ROSE2-11
12.	In what part of your leg did you feel it? 1 = Pain includes calf/calves	ROSE2-12
	If calves not mentioned, ask: Anywhere else and specify:	
13.	Do you get it if you walk uphill or hurry? 1 = Yes	ROSE2-13
14.	Do you get it if you walk at an ordinary pace on the level? 1 = Yes $2 = No$	RQSE2-14
15.	Does the pain ever disappear while you are walking? $1 = \text{Yes} (Go \text{ to Ouestion } 19) \qquad 2 = \text{No}$	ROSE2-15
16.	What do you do if you get it when you are walking? 1 = Stop or slow down 2 = Carry on (Go to Question 19)	ROSE2-16
17.	What happens to it if you stand still? 1 = Relieved	RQSE2-17

2 = More than 10 minutes

*** END OF ROSE QUESTIONNAIRE ***

1 = 10 minutes or less

- 19. Code number of person completing this form
- 20. Date of data collection

How soon?

18.

ROSE2-18

THE STRONG HEART STUDY II CARDIOVASCULAR DISEASE IN AMERICAN INDIANS

Morbidity Survey Medical Records Abstract

Medical charts (IHS and/or other community hospitals) of all Phase I patients reporting a heart attack, stroke, or other vascular event will be reviewed. These events include ICD-9 codes: 402, 410 to 414, 427,428,430-438, 518.4.

	umber: al Security Number:		IDNO IDNO
Wer	e either of the following events diagnosed since Janu	ary 1, 1989?	
1.	Possible Myocardial Infarction (events with code 1=yes, fill out the NEWMI form for each event 2=no.	es 402, 410 to 414, 427,428, 518.4)?	MRA1
2.	Possible Stroke (events with codes 430-438)? 1=yes, fill out the NEWSTROKE form for each e 2=no.	vent	MRA2
IFT	HE ANSWERS OF 1 AND 2 ARE BOTH "NO", ST	OP HERE	
Abst	ractor code		CODE
Date	abstract completed	mo day	DOC DOC

THE STRONG HEART STUDY II CARDIOVASCULAR DISEASE IN AMERICAN INDIANS

PERSONAL INTERVIEW FORM I

ID n	umber:			IDNO
Com	munity name:	M.P.	Community Code:	СС
Soci	al Security Number:	14		SSN
A.	DEMOGRAPHIC INFO	RMATION:		
1.	What is your full name (A	Last, middle, first) and dat	te of birth?	
	Last:			INT12-1
	Middle:			int12-2
	First:			INT12-3
	Date of birth (mo/day/yr)			BIRTHDA
2.	most often first. Give na	mes and codes.	usually go? List the one they go to	
	Hospital	Chart number	IHS Hospital Co (1=Yes, 2=No)	de
a.			IHSNO1 IHS1	INT12-4
b.			IHSN02 HS2	INT12-5
c.			IHS:	INT12-6
d.			IHS4	INT12-7
e.			IHS5	INT12-8
f.			IHS 6	INT12-30
3.	What is your husband's/v	wife's name? (If divorced	or widowed, draw two lines over b	oxes)
	Last:			INT12-9
	Middle:			INT12-10
	First:			TNT12-11

4.	Did he/she also participate in the Strong Heart Study examin 1=yes, 2=no	ation?
5.	Did any of your relatives also participate in the Strong Heart 1=yes 2=no 9=unknown. If yes, please t	
	Relatives Name (first, last)	yes/no
	Parents	INT12-13
	Brother	INT12-14
	Sister	INT12-15
	Children	INT12-16
	Other blood relative	INT12-29
6.	What is your current mailing address?	
a.	Street/PO Box	INT12-17
b.	City/town	INT12-18
c.	County	INT12-19
d.	State and zip code	-20 INT12-21
7.	What is your residential address? (If different from mailing	address)
a.	Street Number	INT12-22
b.	City/town	INT12-23
c.	State and zip code	<u>INT12 24</u> INT12-25
8.	What is your home or evening telephone number and area co (Draw line through boxes if no phone)	ode?
9.	What is your work or daytime telephone number and area cophone or if it is the same as above)	de?(Draw line through boxes if no
10.	Where do you want your Strong Heart Study results sent?	INT12-28
	1=your current mailing address (Q6) 2=Other, specify:	
	The address to which the SHS results should be sent:	Street #
	Street Apt.#	
	City State - 2	Zip Code

THE STRONG HEART STUDY - PHASE II CARDIOVASCULAR DISEASE IN AMERICAN INDIANS

PERSONAL INTERVIEW FORM II

ID nu	imber:
Socia	d Security Number:
11.	What is your marital status? Enter up to 3 options with the most recent one in the left most box. 1= never married
В.	TOBACCO:
12.	Do you smoke tobacco for ceremonial purposes ? $1 = yes 2 = no 9 = unknown$
13.	Do you smoke cigarettes now? 1= yes 2= no (Skip to Question 20)
14.	On the average, how many cigarettes do you usually smoke a day? Indicate the number of cigarettes smoked daily 00= Less than one cigarette per day 99= Unknown
15.	Would you like to quit smoking cigarettes? 1=yes 2=no INT 22-6
16.	Do you plan to make any changes in your smoking cigarettes habit in the next 12 months? INT 22-7 1=yes 2=no (Skip to Question 17)
	If "YES," which of the following are you planning to do? 1=Quit completely 2=Try to quit 3=Cut down on number of cigarettes smoked 4=Switch to lower "tar" or "nicotine" cigarettes 5=Other, specify:
17.	During the past year have you quit smoking cigarettes? including short term attempts for one day 1=yes 1NT22-9
	If "YES," how many times in the past 12 months have you attempted to quit AND were able to stay off cigarettes for a week or more?

3

18.	Has a doctor or health p 1=yes	professional e 2=no	ver advised you to quit sm	oking cigarettes?	INT22-11
19.	Have you participated i 1=yes	in one or more 2=no	quit smoking programs in	n the past 12 months?	INT22-12
	CURRENT CIGARET	TES SMOKE	RS SKIP TO WEIGHT O	CONTROL QUESTION	VS
20.	How many years ago d 00 = never smoked 100				INT22-13
21.	Did you quit smoking is 1=yes,	n the last 5 ye 2=no (ars? (skip to SECTION C)		INT22-14
		, how many ti	mes did you attempt to qu s for a week or more?	iit and	INT22-15
	b. What was the m 1=Doctor's advi 3=Expenses 5=Other, specif	ice 2=Hea 4=Per	ou quit? (choose one only) Ith concerns family pressure		INT22-16
	on your own?		ng, did you quit with outsi		INT22-17
C.	WEIGHT CONTROL:	The next fev	w questions are about effor	rts to lose weight.	
22.	Are you now trying to l 1 = yes 8 = unknown/unsure	lose weight: $2 = no$ $9 = ref$	(Go to Section D)		INT22-18
23.	Are you eating fewer ca 1 = yes	alories to lose 2 = no	weight? 8 = unknown/unsure	9 = refused	INT22-19
24.	Have you increased you 1 = yes	ur physical act 2 = no	ivity to lose weight? 8 = unknown/unsure	9 = refused	INT22-20
25.		orofessional ev 2=no	ver advised you to lose we	eight?	INT22-29

D.	ALCOHOL: "The next few questions are about the use of wine, beer, or liquor, including all kinds of alcoholic beverages".	
	READ THE FOLLOWING TO THE PARTICIPANT: "We are asking these questions about alcohol, because we think alcohol consumption may be related to heart disease. We want to assure you that this information is strictly confidential and that we are not trying to judge your drinking habits and do not intend to report them to anyone."	
26.	How long ago did you last drink any kind of alcoholic beverage? Indicate number of days, months, or years since their last drink.	
	Number of days (if they drank today, fill in zero in days)	INT22-21
	OR Number of months	INT22-22
	OR Number of years	INT22-23
27.	How many drinks of alcoholic beverages do you have in a typical week? Enter 1 for occasional drinkers.	NT22-24
	1 qt. of beer = 2.5 drinks 1 pt. of beer = 1.5 drinks 1 pt. of wine = 4 drinks 1 qt. of wine = 8 drinks 0.5 gal. of wine = 16 drinks 1 pt. of hard liquor = 12 drinks One-fifth of hard liquor = 19 drinks 1 case of beer (12 oz. cans) = 24 drinks 6 pack of beer (12 oz. cans) = 6 drinks	
	Add up the total number of drinks in a typical week and fill them in the box in Question 28. Round up to nearest whole number if fraction is greater than or equal to 0.5.	
28.	On how many days in a typical month do you have at least one drink?	INT22-2

ago.

29.

30.

Indicate number of days per month.

On the days when you drank any liquor, beer or wine, about how many drinks do you have on the average ? Indicate number of drinks per day.

How many times during the past month did you have 5 or more drinks on an occasion?

Indicate times per month.. Enter zero if subject has quit drinking more than one month

INT22-26

INT22-27

		the state of the s	
31.	How many times during the past year did you have occasion? <i>Indicate times per year</i> . Enter zero if year ago.		INT22-28
E.	PERCEIVED STRESS		
	In the past month, how often have you (Question (1=Not at all 2=Rarely 3=Sometimes 4=Ofter		*
32.	been upset because of something that happened un	expectedly?	INT22-3(
33.	felt nervous or "stressed"?		INT22-3
34.	dealt well with irritating life hassles?		INT22-32
35.	felt that things were going your way?		INT22-33
36.	felt unable to control irritations in your life?		INT22-34
37.	felt that you were on the top of things?		INT22-3
38.	felt difficulties or problems were piling up so high	that you could not handle them?	INT22-36
F.	PHYSICAL ACTIVITY		
39.	Since the last SHS exam have you ever spent any greater than one month as a result of an injury or at 1=yes 2=no (Go to Question 41)		INT22-37
40.	If "Yes," how many months did confinement to a	a bed or chair last?	INT22-3
41.	Have you had any difficulty getting in or out of a b	ped or chair? (1=Yes, 2=No)	INT22-3
42.	During a typical day (including time spent both at do you usually spend,	work and at home), how long	
	a) sleeping at night?	Hours: Minutes:	INT22-42
	b) napping during the day?	Hours: Minutes:	INT22-43
	c) walking?	Hours: Minutes:	INT22-44
	d) carry/lifting moderate or heavy loads (including children)?	Hours: Minutes:	INT22-45
43.	Did you change your physical activity since the first 1=yes 2=no	st Strong Heart exam ?	□ INT22-4€
	If "Yes." 1=increased 2=decreased		INT22-47

G.	BOARDING SCHOOL	
44.	Did you ever attend boarding school? 1=Yes 2=No (Skip to Question 46)	INT22-4
45.	If "Yes," for how many years? (Enter number of years) 99=Not applicable	INT22-4
Н.	DENTURE AND EATING PROBLEMS	
46.	How many natural teeth do you have? 1=all 2=most 3=some 4=none	INT22-4
47.	Describe how you eat (Choose ONE): 1=I use natural teeth to eat. 2=The natural teeth I have don't help me eat at all 3=I have natural teeth and a denture or partial. I use them both together to e 4=I use dentures to eat. 5=I chew with my gums.	INT22-4
48.	Rate your ability to chew food (<i>Choose ONE</i>) 1=Good 2=Fair 3=Poor	INT22-5
I.	FAMILY INCOME:	
49.	Which of the following categories best describes your annual household income from all sources? Please show a list.	INT22-5
	1= less than 5,000 6= 25,000 to 35,000 2= 5,000 to 10,000 7= 35,000 to 50,000 3= 10,000 to 15,000 8= over 50,000 4= 15,000 to 20,000 9= don't know/not sure 5= 20,000 to 25,000 0= refused	
J.	ADMINISTRATIVE INFORMATION:	
50.	How reliable was the participant in completing the questionnaire? 1= very reliable	INT22-52
51.	Interviewer	CODE
52.	Date	DOC

day yr

THE STRONG HEART STUDY PHASE II PHYSICAL EXAMINATION

ID n	umber:	ID	NO		
Socia	Social Security Number:				
Befo	re exam	inations start, check TOBACCO AND CAFFEINE USE			
		cohol, caffeine and activity levels can change the results of the exams and laboratory do today. Because of this, we will ask you a few questions."			
1.	Have 1= ye	you smoked or used chewing tobacco or snuff within the last 4 hours? $2 = \text{no } (Skip \text{ to } Question 2)$	2-1		
	a.	How long ago did you last smoke or last use chewing tobacco or snuff? Specify the lag by hours.	(2-2		
	b.	If less than an hour, specify the minutes.	(2-3		
2.	Did y	you consume more than 5 alcoholic drinks in the past 24 hours? (1=Yes, 2=No)	(2-5		
3.	Did y	you perform vigorous physical activity in the past 24 hours? (1=Yes, 2=No)	(2-6		
with	us toda	ng to ask you not to smoke or use chewing tobacco until you have completed your visit y. We do this so that your test results are not affected by tobacco use. If you must please tell us that you did before you leave."			
4.	Have 1=ye	you had any coffee, tea, caffeinated soft drink or chocolate within the last 4 hours? 2=no (Skip to Section I)	X2-4		
	a.	How long ago did you last have any coffee, tea, caffeinated soft drink or chocolate? Specify the lag by hours	X 2 - 4		
	b.	If less than an hour, specify the minutes	X2-4		
I.	remo	NDING MEASUREMENT: With shoes removed, heavy articles from pockets ved, and participant standing, measurements should not be made over gown or scub Fractions less than 0.5 will be omitted, and fractions greater than or equal to 0.5 will unded up to the next higher unit.			
5.	Heig	ht in CENTIMETERS (cm) (Optional:inches)	X2-7		
6.	Weig	tht in KILOGRAMS(kg) (Optional: pounds)	X2-7		
7.	Hip o	circumference in CENTIMETERS (cm) (Ontional: inches)	X2-9		

11.	SITTING MEASUREMENT
8.	Right arm circumference, measured in centimeters (cm) Midway between acromium and olecranon
9.	Cuff size (arm circumference in brackets) 1= Pediatric (under 24cm)
10.	Pulse obliteration pressure
A.	FIRST BLOOD PRESSURE MEASUREMENT (After 5 minutes in sitting position - right arm)
11.	Systolic, Phase I - first sound
12.	Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)
В.	SECOND BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)
13.	Systolic, Phase I - first sound
14.	Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)
C.	THIRD BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)
15.	Systolic, Phase I - first sound
16.	Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)
17.	Were the above blood pressures taken from LEFT arm because of missing right arm or some other reason? 1=yes, If yes, specify:
18.	Recorder ID (For the SHS staff who took BPs):
19.	Time of day (Please use military time, hour:minute)

D. **EXAMINATION OF THE CHEST**

Examination of the lungs (Use the following codes to fill in the table)
1=clear 3=rhonchi
2=rales 4=both 20.

LOCATION	Right Posterior Lung	Left Posterior Lung
Apex	EX2-26	EX2-29
Mid	EX2-27	EX2-30
Lower	EX2-28	EX2-31

E.	EXAMINATION OF NECK VEINS, BRUITS (C	AROTID)
21.	a. Left (1=distended 2=flat)	EX2-22
	b. Right (1=distended 2=flat)	EX2-23
22.	a. Right carotid bruit (1=present 2=absent)	EX2-24
	b. Left carotid bruit (1=present 2=absent)	EX2-25
III.	SUPINE MEASUREMENTS	
23.	Right femoral bruit: 1=Present 2=Absent	3=Missing limbs EX2-72
24.	Left femoral bruit: 1=Present 2=Absent	3=Missing limbs EX2-73
25.	Waist measurement at umbilicus, in CENTIMETE (Optional:inches)	RS (cm) EX2-61
26.	Evidence of chest surgery or chest deformity? 1=Yes 2=No (Skip to Section A)	EX2-67
a.	If "Yes," ask: "Did you have lung surgery?" 1=Yes 2=No (Skip to b)	EX2-83
	If "Yes," when and where?	mo day yr EX2-84
	hospital/clinic:	
	If "Yes," what type of surgery? 1=Lobe of lung removed 2=Entire lung removed 3=other, specify:	EX2-85

b.	Did y 1=Ye	you have heart surgery? 2=No (skip to Section A)	EX2-86
	If "Y	es," which surgery have you had?	
	i.	Bypass? 1=Yes 2=No	EX2-87
		If "Yes," when and where? (Record the most recent) mo day	EX2-88
		hospital/clinic	
	ii.	Valvular repair/replacement? 1=Yes 2=No	EX2-89
		If "Yes," when and where? (Record the most recent) mo day	EX2-90 yr
		hospital/clinic	
	iii.	Pacemaker? 1=Yes 2=No	EX2-91
		If "Yes," when and where? (Record the most recent) mo day	EX2-92
		hospital/clinic	
	iv.	Other? 1=Yes 2=No	EX2-93
		Specify:	
		If "Yes," when and where? (Record the most recent) mo day y	EX2-94
		hospital/clinic	
A.	ECG	AND IMPEDANCE MEASUREMENT	
27.	1= No 2= Al	rocardiogram reading (preliminary reading from ECG machine) ormal 4= Otherwise normal onormal 9= Unclassified orderline	EX2-62
28.	Imped	dance measurement	
	a. Re	sistance	EX2-63
	b. Re	actance	EX2-64
	c. Tal	ten on left side because of amputation? (1=yes, 2=no)	EX2-65
	d. No	t taken because of amputation (1=yes, 2=no)	EX2-66

B.	PEDAL PULSES AND EDEMA				
For th		wing items (29 to 32), use the following codes for findings: esent, $2 = absent$, $3 = missing limbs$.			
29.	Righ	t posterior tibial pulse	EX2-68		
30.	Righ	t dorsalis pedis pulse	EX2-69		
31.	Left	posterior tibial pulse	EX2-70		
32.	Left	dorsalis pedis pulse	EX2-71		
33.		l edema bsent, 2=mild, 3=marked, above midpoint between malleolus ar	EX2-82 and patella)		
C.	DOP	PLER BLOOD PRESSURE			
If nei	ther is a	od pressure is measured in the posterior tibial artery. If not audib audible, record zero. Record 999 if participant refuses or if blood I reason or amputation. Record 888 if you cannot obliterate.			
34.		t arm Doppler blood pressure - brachial artery left arm if left arm was used for standard blood pressure reading.			
	a)	First systolic B.P. measurement	EX@-80		
	b)	Second systolic B.P. measurement (no waiting time needed)	EX2-81		
35.	Righ	t ankle Doppler blood pressure			
	a)	First systolic B.P. measurement	EX2-74		
	b)	Second systolic B.P. measurement (no waiting time needed)	EV2 75		

2=dorsalis pedis

2=dorsalis pedis

c)

a)

b)

c)

36.

Location: 1=posterior tibial

First systolic B.P. measurement

Location: 1=posterior tibial

Left ankle Doppler blood pressure

Second systolic B.P. measurement (no waiting time needed)

EX2-76

EX2-77

EX2-78

EX2-79

EXAMINATION OF EXTREMITIES FOR AMPUTATIONS D.

37. Are any extremities missing? 1=yes, fill out the questions in the following table. 2=no, skip to SECTION IV.

EX2-32

If "YES" to amputation, Code the cause of amputation: 1 = Diabetes 4 = Other, please s

4 = Other, please specify

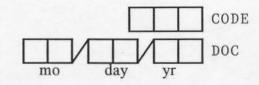
9 = Unknown2 = Trauma

3 = Congenital

Extremities	Yes / No	Cause	Comment
a. Right arm	EX2-33	EX2-34	
b. Right hand	EX2-35	EX2-36	
c. Right finger(s)	EX2-37	EX2-38	
How many:			EX2-39
d. Left arm	EX2-40	EX2-41	
e. Left hand	EX2-42	EX2-43	
f. Left fingers	EX2-44	EX2-45	
How many:			EX2-46
g. Right leg above knee	EX2-47	EX2-48	
h. Right leg below knee	EX2-49	EX2-50	
i. Right foot/toes	EX2-51	EX2-52	
How many:			EX2-53
j. Left leg above knee	EX2-54	EX2-55	
k. Left leg below knee	EX2-56	EX2-57	
1. Left foot/toe	EX2-58	EX2-59	
How many:			EX2-60

IV. ADMINISTRATIVE INFORMATION

- 38. Code number of person completing this form
- 39. Date of data collection



Quality of Life1

ID N	umber:				IDNO
Socia	al Security Number:			Ш	SSN
How	is this questionnaire administered? (1=By interviewer, 2=	=By self, 3	=Refused)		QUAO
1.	In general, would you say your health is:	Excelle Very g Good Fair	One Numb	1 2 3 4	
2.	Compared to one year ago, how would you rate your (Cir Much better now to Somewhat better in About the same Somewhat worse in Much worse now	than one year ow than on	umber) ar ago e year ago e year ago		QUA1
	following items are about activities you might do during a you in these activities? If so, how much?		Does your		
		Yes, Limited a Lot	Yes, Limited a Little	No, Not Limit at All	ed
3.	Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports	1	2	3	QUA3
4.	Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf	1	2	3	QUA4
5.	Lifting or carrying groceries	1	2	3	QUA5
6.	Climbing several flights of stairs	1	2	3	QUA6
7.	Climbing one flight of stairs	1	2	3	QUA7
8.	Bending, kneeling, or stooping	1	2	3	OHAR

^{1.} Questions adopted from the RAND 36-Item Health Survey 1.0.

		Yes, Limited a Lot	Number on Yes, Limited a Little	No, Not Limited at All	
9.	Walking more than a mile	. 1	2	3	QUA9
10.	Walking several blocks	. 1	2	3	QUA10
11.	Walking one block	. 1	2	3	QUA11
12.	Bathing or dressing yourself	. 1	2	3	QUA12

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

	(Circle One Numb	(Circle One Number on Each Line)						
		Yes	No					
13.	Cut down the amount of time you spent on work or other activities	1	2 QUA13					
14.	Accomplished less than you would like	1	2 QUA14					
15.	Were limited in the kind of work or other activities	1	2 QUA15					
16.	Had difficulty performing the work or other activities (for example, it took extra effort)	1	2 QUA16					

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

(Circle One Number on Each Line)

	(Circle One Humb	CI UII LA	ch Line)
		Yes	No
17.	Cut down the amount of time you spent on work or other activities	1	2 QUA17
18.	Accomplished less than you would like	1	2 QUA18
19.	Didn't do work or other activities as carefully as usual	1	2 QUA19

20. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?

(Circle One Number)		
Not at all	1	QUA20
Slightly	2	
Moderately	3	
Quite a bit	4	
Extremely	5	

21. How much bodily pain have you had during the past 4 weeks?

QUA21

(Cir	cle One Number)	
None		1
Very	mild	2
Mild		3
Mode	rate	4
Sever	e	5
Very	severe	6

During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

QUA 2 2

(Circle One Number)	
Not at all	1
A little bit	2
Moderately	3
Quite a bit	4
Extremely	5

These questions are about how you feel and how things have been with you during the **past 4 weeks**. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks (Circle One Number on Each Line)

		All of the Time	Most of the Time	A Good Bit of the Time	Some of the Time	A Little of the <u>Time</u>	None of the Time	
23.	Did you feel full of pep?	. 1	2	3	4	5	6	QUA23
24.	Have you been a very nervous person?	. 1	2	3	4	5	6	QUA24
25.	Have you felt so down in the dumps that nothing could cheer you up?	1	2	3	4	5	6	QUA25
26.	Have you felt calm and peaceful?	. 1	2	3	4	5	6	QUA26
27.	Did you have a lot of energy?	1	2	3	4	5	6	QUA27
28.	Have you felt downhearted and blue?	. 1	2	3	4	5	6	QUA28
29.	Did you feel worn out?	1	2	3	4	5	6	QUA29
30.	Have you been a happy person?	. 1	2	3	4	5	6	QUA30
31.	Did you feel tired?	1	2	3	4	5	6	QUA31

32. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

(Circle One Number)	QUA32		
All of the time	1		
Most of the time	2		
Some of the time	3		
A little of the time	4		
None of the time	5		

How TRUE or FALSE is each of the following statements for you?

(Circle One Number on Each Line)

	Definitely	Mostly True	Don't 1 Know		Definitely <u>False</u>
33.	I seem to get sick a little easier than other people 1	2	3	4	5 QUA33
34.	I am as healthy as anybody I know1	2	3	4	5 QUA34
35.	I expect my health to get worse 1	2	3	4	5 QUA35
36.	My health is excellent	2	3	4	5 QUA36
37.	Interviewer's code				CODE
38.	Date (mo/day/yr)		mo	day	yr DATE

RISK FACTOR KNOWLEDGE QUESTIONS

ID N	umber			IDNO
1.	How is this questionn 1=By interviewer 2=By self 3=Refused	aire administered?		RISK1
After	is a list of things which you read each one, ans disease.	may or may not affect a p wer as to how much you th	person's chances of getting heart ink it affects a person's chances o	disease. of getting
	0 Does Not Increase Risk	1 Increases Risk	9 Don't Know /Not Sure	
2.	Cigarette Smoking?			RISK2
3.	High Cholesterol?			RISK3
4.	High Blood Pressure			RISK4
5.	Diabetes?			RISK5
6.	Worry, Anxiety, or S	tress?		RISK6
7.	Being very overweigh	it?		RISK7
8.	Eating a diet high in a (For example, foods t	nimal fat? hat contain red meat, chees	e, butter, lard, etc.)	RISK8
9.	Family history of hear	t disease?		RISK9
10.	Not exercising regular	·ly?		RISK10
11.	Interviewer's code			CODE
12.	Date completed (mo/d	av/vr)	ППП	DOC

SPIELBERGER - AX

ID Nu	ımber				IDNO
1. How is this questionnaire administered? 1=By interviewer 2=By self 3=Refused					SPIEL1
furiou	<u>ıs</u> are given below		se read each state	be themselves when to ement and then indica	
	1 Rarely or Never	2 Sometimes	3 Often or Always	4 Almost Always	
When	n I feel angry .				
2.	I control my tem	iper.			SPIEL2
3.	I express my an	ger.			SPIEL3
4.	. I keep my feelings to myself.				SPIEL4
5.	I make threats I	don't really mean t	o carry out.		SPIEL5
6.	I withdraw from	n people when I'm	angry.		SPIEL6
7.	I give people "th	ne silent treatment"	when I'm angry.		SPIEL7
8.					
9.	. I keep my cool.			SPIEL9	
10.				SPIEL10	
11.				SPIEL11	
12.				SPIEL12	
13.					SPIEL13
 I strike out (emotionally or physically) at whatever makes me angry. 				SPIEL14	

Please read each statement and then indicate how often you feel or act in the manner described when you are <u>angry</u>.

	or Never	Sometimes	Often or Always	Almost Always	
15.	I am more critica	l of (judge or find	I fault with) others	than I let people know.	SPIEL15
16.	I get angrier than	I usually admit.			SPIEL16
17.	I calm down fast	er than most other	people.		SPIEL17
18.	I say mean thing	S.			SPIEL18
19.	I am irritated (fru	strated, annoyed)	much more than	people are aware of.	SPIEL19
20.	I lose my temper				SPIEL20
21.	If someone bothe	ers (frustrates, irri	tates) me, I am lik	ely to tell him/her.	SPIEL21
22.	Interviewer's coo	le			CODE
23.	Date completed	(mo/day/yr)			DOC

THE STRONG HEART STUDY II PHYSICAL EXAMINATION -- QC DUPLICATE MEASUREMENT

Standing and Sitting Measurement

ID n	imber:	I
Socia	al Security Number:	S
1.	STANDING MEASUREMENT: With shoes removed, heavy articles from pockets removed, and participant standing, measurements should not be made over gown or scub suit. Fractions less than 0.5 will be omitted, and fractions greater than or equal to 0.5 will be rounded up to the next higher unit.	
1.	Height in CENTIMETERS (cm)	P
2.	Weight in KILOGRAMS (kg)	P
3.	Hip circumference, in CENTIMETERS (cm)	P
I.	SITTING MEASUREMENT	
4.	Right arm circumference, measured in CENTIMETERS (cm) Midway between acromium and olecranon	P
5.	Cuff size (arm circumference in brackets) 1= Pediatric (under 24cm)	P
	Pulse obliteration pressure	P
۸.	FIRST BLOOD PRESSURE MEASUREMENT (After 5 minutes in sitting position - right arm)	
	Systolic, Phase I - first sound	P
	Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)	P
	SECOND BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)	
	Systolic, Phase I - first sound	IP
0.	Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)	P

C.	THIRD BLOOD PRESSURE MEASUREMENT (after raising the arm for 5 seconds and resting it on the table for another 25 seconds)	
11.	Systolic, Phase I - first sound	POC13
12.	Diastolic, Phase V - first silence in a series of at least two silences (If Phase V did not appear, record Phase IV)	POC 14
13.	Were the above blood pressures taken from LEFT arm because of missing right arm or some other reason? 1=yes, If yes, specify 2=no	POC15
14.	Recorder ID:	POCO6
15.	Time of day (Please use military time, hour:minute)	POC07
16.	Date of data collection mo day yr	DOC

THE STRONG HEART STUDY PHASE II PHYSICAL EXAMINATION -- QC DUPLICATE MEASUREMENT

Supine Measurement

Юn	umber:						IDNO
Soci	al Security	Number:				$-\Box$	SSN
I.	SUPINI	E MEASU	REMENT				
1.	Waist m	easuremer	nt at umbilicus, in centi	meters (cm)			POC2-1
2.	Impedar	nce measur	rement				
	a. Resis	stance					POC2-2
	b. Reac	tance					POC2-21
	c. Taker	on left si	de because of amputat	ion? (1=y	res, 2=no)		POC2-2
	d. Not t	aken becau	use of amputation (1=yes, 2=	no)		POC2-2
DOF	PPLER BLO	OOD PRES	SSURE				
pedi	s. If neither	is audible	measured in the poste , record zero. Record ason or amputation. R	999 if partic	ipant refuses	or if blood	
3.	Right ar	ikle Doppl	er blood pressure				
	a) :	First systo	lic B.P. measurement				POC2-3
	b)	Second sys	stolic B.P. measuremen	nt (no waitin	g time neede	d)	POC2-3
	c)	Location:	1=posterior tibial	2=dorsa	alis pedis		POC2-3
4.	Left anl	de Dopple	r blood pressure				
	a)	First systo	lic B.P. measurement				POC2-4
	b)	Second sys	stolic B.P. measureme	nt (no waitin	g time neede	d)	POC2-4
	c)	Location:	1=posterior tibial	2=dors	alis pedis		POC2-4
			#				

5.	Righ	ht arm Doppler blood pressure - brachial artery	
	a)	First systolic B.P. measurement	POC2-5
	b)	Second systolic B.P. measurement (no waiting time needed)	POC2-5
II.	ADN	MINISTRATIVE INFORMATION	
6.	Code	le number of person completing this form	CODE
7.	Date	e of data collection mo day yr	DOC

For item 5, use left arm if left arm is used for standard blood pressure reading.

TUBERCULOSIS AND COCCIDIOIDOMYCOSIS TUBERCULIN SKIN TEST AND COCCI SKIN TEST

ID N	umber		I	DNC
Α.	TUB	BERCULOSIS AND TUBERCULIN SKIN TES	T	
1.	Histo	ory of Active Tuberculosis and Tuberculin Skin	Гest	
	a.	History of TB by medical record review:	$\square_{\scriptscriptstyle{\mathrm{TI}}}$	В1
		1=Yes 3=Medical record not available or complete	2=No 4=Uncertain	
	b.	History of TB by personal interview, "Did a you had active tuberculosis?"	medical person ever tell you that	В2
		1=Yes 2=No	3=Uncertain	
	c.	If "Yes" in a or b, "what was the year of dia Fill in year of diagnosis, 99=unknown. Skip		вз
	d.	If "No" or "Uncertain" in a or b, ask participa a positive TB skin test?"	nt: "Have you ever had	В4
	Veri	1=Yes 2=No 3=Uncertain ify PPD results in medical record and fil	Il out Section 2 below.	
2.		alts of tuberculin test - Recorded from chart revi		
	a.	Date of last test	mo day yr T	'B5
	b.	If available, record induration (in mm). if not through the boxes. Comments regarding previous PPD testing: _	recorded, draw one line	В6
	c.	Interpretation: 1=Positive (≥10mm or PPD positive) (Go to 2=Negative (<10mm or PPD negative) 3=Uncertain (PPD not read)	section 4)	гв7

If unable to verify positive results, offer to repeat PPD

If "Positive" in Medical Records, go to B if in AZ, or to next section if in OK or N/SD.

- Results of Tuberculin Test OFFER AS PART OF SHS TO PARTICIPANTS WHO 3. HAVE NO HISTORY OF TB AND NEGATIVE PPD TEST OVER 2 YEARS AGO OR POSITIVE OR UNCERTAIN PPD HISTORY WITH NO MEDICAL RECORD VERIFICATION
 - Did participant refuse the TB skin test? 1=YES, 2=NO a. If participant refused TB skin test, GO TO Section B.

1st TB test:

C.

b. Date of administration (left arm preferred)

left arm

Initial site given

right arm

TB11 TB12

Induration in mm. If unable to read skin test fill in 99. If <10mm induration, repeat PPD 7 days after the first test unless participant had negative skin test within the last 2 years...

d. Reading date **TB13**

Reader's initials: e.

2nd TB test (To be given at least 1 week after the first test):

b. Date of administration (left arm preferred)

Initial site given

right arm _____

TB14 mo day yr left arm

Induration in mm. If unable to read skin test fill in 99. C.

TB16

d. Reading date

Reader's initials: e.

4.	thera	apy or curative IH. Adequate	e therapy? (Add	B is positive, did participant complete preventive sequate preventive treatment is at least 6 months ment is at least 6 months with 2 or more TB medication) a & b) 9=Uncertain	TB19)
	a.		d participant be	e willing to take preventive therapy rofessional?	TB2)
		1=Yes	2=No	9=Uncertain		
	b.	Referral w		e unit follow-up?	TB2	1
treate preve not in	ed for a entive the ndicate	active TB, re herapy. A che d for asympto	fer for evaluat st x-ray is indic omatic patients	or completed preventive therapy or was never adequate tion by TB control program if he/she is willing to tal cated before starting a patient on preventive therapy but is who have completed preventive therapy or therapy to tive therapy, unless symptoms of TB develop.	ke is	
5.	Code	er			II COD	E
6.	Date	completed		mo day	DOC yr	

	ID Number	IDNO
В.	Coccidioidomycosis and Cocci Skin Test (Arizona participants only)	
1.	Results of cocci test - Recorded from chart review a. Date of last test mo day yr	COC1
	b. If available, record induration (in mm). if not recorded, draw one line through the boxes. Comments regarding previous cocci testing:	COC2
		COC3
2.	History of coccidioidomycosis by medical record review 1=Yes 2=No 3=Medical record not available or complete 4=Uncertain	COC4
3.	Has a medical person ever told you that you had Valley Fever? 1=YES 2=NO 9=Unknown/Uncertain	COC5
	cocci skin test to participants who have no history of coccidioidomycosis or Vally Fever and	
negai 4.	Is Cocci skin test given? (Right arm preferred) 1=Yes 2=No 3=Refused	C0C6
	If "YES," Administration Date mo day yr	COC7
	Initial site given: right arm_COC8 left arm_COC9	
5.	Induration of cocci skin test (in mm).	COC1
6.	Teating Date	COC11
7.	Reader's initials: mo day yr	
medio	ipants with history of Vally Fever or positive cocci skin tests should be advised to seek al care if they develop fever, cough or other pulmonary symptoms. No other specific ent is indicated. Coder	CODE
9.		DOC

IDNO

Ultrasonographer Data Form

Stro	ong Heart Study ID Numb	per			SHSID
Soci	al Security Number				SSN
Date	of Examination (mo/day	/yr)			EXAM DA
1.	Ultrasonographer ID l	Number			ULT I
2.	Videocassette Number				ULT 2
3.	Tape sequence Number	er			ULT 3
4.	Have you ever been to 1=Yes 2=No	old that you had gallstones? 9=Unknown			ULT 4
5.	Have you ever had gal 1=Yes 2=No	llbladder surgery? 9=Unknown			ULT 5
6.	Including your last me	al and any snacks, at what	time did you last have	anything to eat?	
	Military Time:	*		:	ULT 6
	Day: 1 = Today	2=Yesterday			ULT 7
7.	Time now (please use	military time) (hh:mm)			ULT 9
8.	Presence of surgical se	car			
	a. Right upper qu	nadrant 1=Yes	2=No		ULT 8A
	b. Epigastrium or	periumbilical area 1=	Yes 2=No		ULT 8B
	c. Laparoscopic	scars 1=Yes	2=No		ULT 8C

Ultra	asonographi	ic Findings			4
9.	Portal vein	at liver hilum	on transverse scan?	UI	T 10
	1=Yes	2=No	9=Unable to observe		
10.	I iver more	in on longitudi	inal scan?	UI	T 11
10.	1=Yes	2=No	9=Unable to observe		
	1=168	2=140	9=Onable to observe		
11.	Intrahepatio	right portal v	ein on longitudinal scan?	UI	T 12
	1=Yes	2=No	9=Unable to observe		
12.		llbladder wall observe, fill i	thickness in mm (on longitudinal scan) in 99.		T 13
13.	Can gallbla	dder be observ	ved?	☐ UI	T 15
	1=Yes		ip to Question 20)		
14.	Were gallst	ones found?		UI UI	T 16
	And the second second		s with shadowing in 2 views)		
		-	e, no echo clumps)		
			adder clumps that shadow on only one view)		
15.	If "YES," h	ow many gall	stones were there?	☐ UI	T 17
	1=Single	2=Multiple			
16.	Measureme	nt of largest ed	cho clump (in mm)		T 21
			found, 99 if unable to observe.		1 21
17.	Was gallbla	dder wall calc	rified? (Dense shadowing from gallbladder wall, exch	usive of UL	T 18
	1=Yes	2=No			
	If "Yes," at	tach still imag	e and send with video tape.	*	
18.	Were chole	sterol polyps f	Found?	UI	т 19
10.			ed to gallbladder wall without shadowing that do not	move)	
	1=Yes	2=No	S		
19.	Was gallbla	dder sludge ol	hserved?	П	m 20
17.			ut shadowing that move)		T 20
	1=Yes	2=No	- Comment of the control of the cont		

1=Normal 2	=Abnormal		
If "Abnormal," o	lescribe:		
Results of Exam	ination:		
1=Test done	2=Test incomplete	3=Test not done	
Reasons Test Inc	complete or Not Done		
1=Ultrasound m			
2=VCR malfunc	tion		
3=Insufficient tir	ne		
	ised or uncooperative		
	dically excluded by staff for	rsafety	
	ble to physically cooperate		
7=Positive histor	y of gallbladder surgery an	d visible right upper quadrant scar	
Comments?		*	
	=No		
1-165 2	-110		
f "Yes," Comm	ents:		
f "Vec" Comm	ents:		
i ics, comin			